

# THE SOURCE



Supporting those who feed our hungry

Box 123, Lindsay, ON K9V 4R8

telephone: (705) 324-0707

[www.kawarthalakesfoodsource.ca](http://www.kawarthalakesfoodsource.ca)

[klfoodsource@bellnet.ca](mailto:klfoodsource@bellnet.ca)

<http://www.facebook.com/KawarthaLakesFoodSource>

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## *100 Women Who Care-Kawartha Lakes* Give huge boost to Kawartha Lakes Food Source



**Kawartha Lakes Food Source (KLFS)** has become the first registered charity and not-for-profit organization to receive a donation from the newly formed Kawartha Lakes chapter of *100 Women Who Care*. Kawartha Lakes Food Source received a donation of \$13,000 that will give a huge boost to the bagged milk program. This donation will enable KLFS to distribute almost 6,000 bags of milk in a year to the member agencies (food banks/cupboard) within the City of Kawartha Lakes.

**Pictured are (l-r): Karen Richardson, Sharon Smith-Carter, Carole Alderton, Sharon Robbins, Kristy Gordon, Catherine Danbrook, Chair KLFS, and Laura Fox.**

## **100 Women Who Care, Kawartha Lakes**

### **A BIG Thank you to the following ladies who contributed to KLFS:**

2215284 Ontario Inc., 2279110 Ontario Inc., 993676 Ontario Limited, Bella Alderton, Mrs. Peter Anderson, Kathleen Archer, Heather Bahen, Sharon Benoit, Sheila Black, Donna Bortolot, Kathleen Boyle, Sheri Brenneman, Jennifer Broderick, Rondi Brown, Deborah Bruyns, Samantha Burke, Amy Butler, Karen Callaghan, Lisa Cameron, Roxanne Carter, Penny Chatson, Kathleen Chester, Kelli Chiasson, Doris Chidley, Kathleen Cooper, Liana Cooper, Elizabeth Cox, Karen Crooks, Margaret Cunningham, Margaret Davies, Jeanne Demers, Jeannette Dempsey, Judy Denure, Donna Dingman, Lisa Durham, Lynn Evans, Sandra Evans, Susan Evans, Margot Fawcett, Gail Ferguson, Michelle Finley, Amanda Fleming, Carole Follett, Laura Fox, Colleen Gaida, Jan Gooch, Noreen Goodliff, Kristy Gordon, Lianne Graveline, Debbie Green, Katherine Gregory, Susan Grier, Stacey Gudmundsson, Barbara Gunther, Pam Guzzi, Debbie Hadfield, Bozena Hall, Lori Hamilton, Lynda Hamilton, Kim Holliday, Samantha Howard, Susan Humphrey, Becky Irvine, Mary Jeffery, Julie Johnson, Teresa Jordan, Brenda Karagiannis, Christine Karpazis, Rachel Kersch, Susan Konyer, Debbie Kuiken, Denise LaBarge, Jennifer LaMantia, Darlene Lawson, Lynda Little, Vera Lohse, Kelly Lynch, Shauna MacEachern, Jane MacIntosh, Janet MacKenzie, Carey Marquis, Valerie McElravy, Nancy McKague, Margaret McLean, Kate McMullen, Catherine McNeill, McTeague Drafting and Design, Patricia Miller, Catherine Millington, Maia Mirecki-Chayer, Colleen Morrison, Kerri Murphy, Gwen Naylor, Lori Naylor, Marilyn Nelles, Christina Newton, Julie Newton, Laurie Newton, Nancy Newton, Christine Nicolaidis, Nisbett's Clothiers, Shirley Norman, Tanya Nye, Olympia Restaurant, Elizabeth Parker, Path to Stillness Yoga Studio, Nancy Payne, Deborah Pearson, Martha Pendlebury, Susan Peel, Marion Perras, Gail Pillsworth, Grace Pineau, Kus Ramgoolam, Susan Rapp, Terri Readman, Karen Richardson, Lynda Rickard, Sharon Robbins, Kristine Roberts, Ann Rocchi, Sandra Runk, Robbin Savage, Dianna Scates, Stephanie Shortt, Jennifer Simpson, Kathleen Simpson, Deborah Smith, South Pond Farms, Bonnie Steele, Philippa Stephenson, Diane Steven, Janet Taylor, Julia Taylor, The Lingerie Loft, Elizabeth Thompson, Lee Anna Thornbury, Lisa Thornton, Pamela Todhunter, Twine & Twig, Angie Ursel, Lynda VanSchaik, Sonja Vorster, Deborah Waites, Susan Wallace, Julie Walmsley, Lori-Lee Watson, Molly Westland, Heather Whiteway, Sue Whitford, Laura Whyte, Colleen Wilcox, Debra Welsh, Denise Williams, and Susan Wood.

**Curves**

### **LINDSAY MAKES A DIFFERENCE**



**During the month of March, Curves/Jenny Craig (Lindsay location) collected 434 lbs. of non-perishable food items and \$55.00**

**Pictured are (l-r) Darlene Hallett (KLFS), Nadine Westacott (Curves), Simon & Gloria Connell (KLFS)**

**GET TAGGED on  
Saturday, May 28,  
and June 4th, 2016**

**Please make a  
personal difference**

Our volunteers will be outside Kawartha Lakes selected stores and L.C.B.O. establishments. Getting rid of your pocket change will help feed needy families!



**Hunger is closer than you think!**



**Please help at**

**La Mantia's  
Country Market  
50 William St. S.,  
on May 5 & 6,  
2016**



## VOLUNTEER APPRECIATION EVENING—APRIL 2016

**Volunteers are the backbone of our organization. They've committed many, many hours of their time to carry out KLFS's vision and continue to help it grow and mature. In 2015-2016, there was a total of 3,050.5 hours recorded from all volunteers. This is the equivalent of almost two full time employees for one year!**



**25-49 hours: (f) Ken Edwards, Kathleen Beall, Janet Armstrong, Gloria Quibell, Donna MacCarlie, Charlie Currie (b) Cathie Morrissey, Steve Brown, Joe McColl, Gloria Connell, Karen Richardson, Sandra Norris and Bob Sage. Catherine Danbrook had to leave before the photo.**



**50-69 hours: (l-r) Ted Stouffer, Larry Clow and Nancy Newton**



**70-100 hours: (l-r) Susan Simpson, Darlene Hallett, Marg Swaine, Larry Allen and Patricia Gassien**



**100 + hours: Jim Stockley, Donna McInnis and John Sanders**



### **VOLUNTEER OF THE YEAR:**

**MARY JONES**

Mary volunteered a total of 192 hours!

### **UNABLE TO ATTEND**

**25-49 hours: Dave Cook, Rosemary Schubert, Patricia Radiff, Tyler Buda, Simon Connell, Jane Shulist-Green, Sharon Watson, Derek Warren and Aaron Mulcaster.**

**70-100 hours : Jennifer Styles, Pauline Burns, Kurtis Paull, Lyle Willard and Kathy Roddy**



Nathan Bottomley entertained

## HOW PEOPLE ARE HELPING

- Renewing their Patronage: **Clifford Anderson, Lee Bingham & Maria Cescon, Royal Canadian Legion Fenelon Falls, Carol Garland, Horizon Family Dentistry, Ann Killens and Don Wilson.**
- Food donations have been received from: **Bethel Missionary, Bikers Rights Organization Kawartha Lakes, Bronze Bliss Tanning Inc., Isabel Browne, Cambridge St. United Church, Tamara Davidson, Fairview Baptist Church, Nick Keller, Stephanie Elliott, Linda & Doug McTaggart, Lindsay Transit staff, Sharon McQuay, Cambridge St. Baptist Church, Anne Melanson, Miracles in Paradise, Queen St. United Church, Rolling Hills Public School, Commonwell Mutual Insurance Group staff, United Way for the City of Kawartha Lakes and Don Wouters.**
- Financial donations have been received from: **Recreation Committee Adelaide Place, Leroy & Faith Brown, Hannah Unit Cambridge St. UCW, Leah Campbell, Josephine Coombs, Anne & Serge Davies, Alexander & Carol Fulton, Shaheena Khambiye, Lindsay Creative Quilters' Guild, Earl Manley, Pooran Manmohansingh, Donald & June Sale, St. Paul's Anglican Church, Simon Snellen, Recreation Committee Village Housing, Austin & Shirley Wiltshire, and Lindsay Senior Knitting Group.**
- In memory of Alan Michael O'Neill donations were received from **Wendy Fallis, Tracy Gauthier, Jim & Janice Herlihey, Matsu Manufacturing Inc., and Helen vanGerven.**
- Donations received through Canada Helps: **John Truckle.**
- Donations to purchase food: **John Baldry, Carol Barkwell, Anna Evans, Alexandra Fulton, Dorothy Huthalo, Doreen McArthur, Nancy McGhee, Catherine Morrison, Doug Rishor and Alma Sutcliffe.**
- **Grace King** donated 30 lbs. of non-perishable food plus cash.
- In memory of Helen Murphy donations were received from: **Caryle Connolly and Jim & Janice Herlihey.**
- **Alex Kuypers** turned 8 years old and collected 61 lbs. of non-perishable food items instead of gifts. A financial donation was received from **Kristopher & Melissa Cafik** to honour Alex.
- In memory of Sam Brandsma, **William & Marilyn Huskinson** gave a donation to purchase food.
- **Marie Reeds** celebrated her 65th birthday by collecting 61 lbs. of food & cash in lieu of gifts.



At the recent Lindsay RV Show, **HB Cycle** collected 302 lbs. of food and \$486 in entrance fees to help KLFS fulfill our mission.

**Sam Robb** collected 106 lbs. of food & cash donations instead of gifts for his 7th birthday. Happy Birthday and thanks! **Shannon & Ian Koetstra** honoured Sam by making a financial donation



### The 14th annual Pasta Challenge



**2016 Winner is St. Thomas Aquinas** contributing 7.26 units per student. This is the first trophy win for this school—**congratulations!** The three runners up ranked as follows: Fenelon Falls Secondary 6.87 units; L.C.V.I. 3.39 units and I.E. Weldon 2.27 units.

**The total amount collected and donated from all 4 schools: 11,227! Many thanks to all participants.**

### FOOD SOURCE MEMBER AGENCIES

- **Coboconk Food Bank**
- **Dunsford Food Bank**
- **Fenelon Falls Salvation Army**
- **HKPR Health Unit**
- **K L Centre of Hope**
- **Little Britain Food Bank**
- **Omeme Food Bank**
- **20 School Breakfast /Snack Programs**
- **Frost Student Association Food Bank**
- **Women's Resources**
- **Woodville Eldon Food Bank**