



# The Source

Volume 17 • Issue 5 • SEPTEMBER 2019



## One-Day Food Drive @ Food Basics

On August 15th, we held a One-Day Food Drive at Food Basics Lindsay. Need has been rising in our area and we need donations more than ever! Thanks to the efforts of volunteers, **we collected \$579.65 and 185lbs. of food.** We thank Food Basics and everyone who donated!



## Nexicom BBQ

August 8th was the Free Community Barbecue, sponsored by Nexicom and held at LaMantia's Country Market, with the BOBfm in attendance. Through the efforts of Lance and the staff of Nexicom Lindsay, KLFS received **\$642.20 and 43lbs. of food.** Thank you so much!



**Kawartha Lakes Food Source is looking for your excess produce!**



Donations can be brought to our distribution centre at 41 George Street West on Monday - Wednesday from 8:30 - 4:30

**Smile Cookie week** at Tim Horton's is at all Tim's locations in Lindsay from September 16-22!

Buy a Smile and proceeds go to Kawartha Lakes Food Source and the Dragonflies Breast Cancer Survivor Group.





### Farmers' Market Kinmount

The Kinmount and Area Food Bank was out spreading the word that they are **available to those in need while at the Kinmount Farmers Market this summer!** If you would like to donate to a specific community or to find out where we have member food banks, contact us at KLFS for more information.



### Emergency Services Tournament

A Hearty THANKS to all the players, sponsors, silent auction winners, planning committee and 50/50 ticket winner for your support! The Emergency Services golf tournament has been going on since 2005 and have **donated over \$150,000 to KLFS in that time!**



### Show Kids You Care

As we are in the season of back to school, KLFS would like to thank Show Kids You Care for **supporting us since 2009**. This support helps KLFS continue to purchase milk and fruit for school kids.



### FoodRescue.ca

FoodRescue.ca Coordinator Jess is dropping by food businesses to get them set up to start donating their surplus food to local non-profits! **Spread the word about FoodRescue.ca** by telling your favourite cafe, restaurant, farmer - any food business - about FoodRescue.ca to keep usable food out of landfills.



### City of Kawartha Lakes Day Camps

In August, the Kawartha Lakes Food Source hosted the City of Kawartha Lakes Day Camps! These young adventurers were given a tour of our warehouse and they were able to sort and weigh their own donation of **over 50lbs. of non-perishables!** THANK YOU!

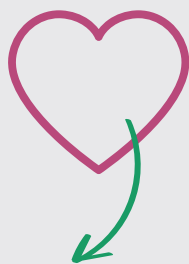


### Summer Outreach Lunch Program

As kids head back to school, so ends our Summer Lunch Outreach Program. We were able **give out nearly 800 lunches to hungry children this summer!** Thank you so

much to all the volunteers who put 450 hours into this program. You made a huge difference in childrens' lives.

# Look who's helping feed our neighbours!



## Food Donations:

7&46 Shop, Guy Mills Apartments, Lydia Bagshaw, Dawn Thexton, HKPR Heath Unit, Lyle and Marion Smith, Queen St United Church, The Albin's, Nexicom BBQ, Cavan Mabee, Kelsey Gibson, Cindy Foster, Kate Junkin, Linda Fitzgerald, David Simser

## Produce Harvested In Memory of:

**Debbie Taylor-Reevie**

from Reg Armstrong, Jamie and Glenda Morris  
at the Sir Sandford Fleming Garden

## Produce Donations:

Angelique Strodach, HKPR Health Unit, Brandeston Farm (Stinsons), June and Tom Pick, Lyle and Marion Smith, Edwin Binney Community Garden, Cordula Winkelarr, Gail and Peter Payne, Vivian Heaton, Lunar Rhythm Gardens, Arlene Wood, Ross Bitton, Ted and Sandy Spearing

Visit [kawarthalakesfoodsource.com](http://kawarthalakesfoodsource.com) to donate online.

**DONATE NOW!**



## Basketball Team

The E3 Basketball Program stopped by the Lindsay Community Food Market, to give back to their community by restocking the shelves! A huge **THANK YOU** also goes out to **Calvary Pentecostal Church, Ontario Basketball Association and Their Opportunity** for putting the program together. #OBAcare



# RBC Foundation RBC Fondation

## RBC Foundation

KLFS would like to thank RBC Foundation for **supporting our operations since 2008**. This support helps us cover operating expenses such as rent, insurance, and maintenance.



## A Special Thanks

Rebecka Sadler is a young volunteer who has cooked up some of our produce into ready-to-eat meals in the past. This year, she created a hearty Vegetable Soup that will be distributed in single serve portions to all our member food banks! **Thank you, Rebecka!**



# Lindsay Jolly Jog

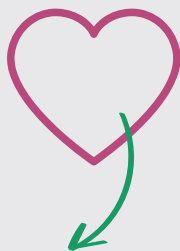


Save the date!

# NOVEMBER 23, 2019

for more information or to register  
[www.jollyjoglindsay.com](http://www.jollyjoglindsay.com)

## Look who's helping feed our neighbours!



### Cash Donations:

Congregation of the Sisters of St. Joseph, Terrance and Deborah Oliver, Gordon and Nicole Sloan, Burns' Snow Removal & Lawn Care, Robert Wheeler, Brenda and William Moynes, TLDSB, Trudie Lee Robson, Lynn and Diane Johnson, Ivan Wall, Lindsay Christian Reformed Church, Anne Rodd, Catherine Morrissey, George Piggott, Elena Drury, Ray Bain, Simon Snellen, Kawartha Credit Union, Cavan Mabee, Greygate Foundation

### Online Donations:

Barbara Glass, Deborah Smith, Yvette Peel, Bruce Couling, Brian Rump, Jeremy Kraemer, Nanci Byer, Anonymous, Donna S. Thompson, Bruce Couling, Brian Rump, Samuel Benchimol

### Monthly Donations:

Trevor and Shannon Kuypers, Verna Curtin, George Davies, Doug Watson, Larry Wilson, Mary Auld, Jacey Culham, Linda Coles, Yvonne Kehoe, Lisa Fedele, Michael Cummings, Joan Shippel, Barbara Truax, Caleb Stillwell, Alexandra Fulton, Charlie and Ina Currie, Catherine Philip, Rose Barg, Barbie Corp, David and Sheila Smith, Marg Wansbrough, Peter Luskin and Saint Vincent de Paul



### Take A Bite Out Of Hunger

Kawartha Lakes Food Source has again partnered with Hobart's Steakhouse in Lindsay to host a private, fall dinner fundraiser. It will feature a special menu and tickets are available at KLFS or at Hobart's Steakhouse.

### Basic Income Dinners Wrap-Up

With the last of our Basic Income Guarantee Recipient Dinners, we hope those who were affected by the sudden shutdown of the pilot project know that support is here for them. **Thank you Salvation Army and A Place Called Home for facilitating, the volunteers for helping to prepare the meal, Mickael's Café Librairie for donating buns, and agencies for making themselves available.**

### FOOD SOURCE MEMBER AGENCIES:

- Coboconk Food Bank
- Dunsford Food Bank
- Fenelon Falls Salvation Army
- HKPR Health Unit
- K L Centre of Hope
- Kinmount & Area Food Bank
- Lindsay Community Food Market
- Little Britain Food Bank
- Omeme Food Bank
- Women's Resources
- Woodville Eldon Food Bank
- 21 School Breakfast /Snack Programs

## KID DONORS!



Along with her mom, Kate Junkin cleaned out their home pantry and found **82lbs. of food** that was still in date! We are amazed and unbelievably grateful. **THANK YOU, KATE!**



Instead of gifts, Cavan decided that he would like everybody attending his birthday party to bring non-perishable food. Altogether, his donation came to **92 lbs. of food and \$20 in cash!** **THANK YOU, CAVAN!**

