



# The Source

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**If you or someone you know is in need of food bank support, visit the “Find A Food Bank” page on our website, or phone 705-324-0707**

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## HONEY WE'RE HOME!

On August 5th we hosted our COVID-19 Adapted Open House to allow members of the community an opportunity to see our new space and learn more about all that we do here at the Kawartha Lakes Food Source.

Despite the fact that we were not able to see everyone's smiles or give any hugs, being able to see the many supporters that made this move possible warmed our hearts. Thank you to all who attended!

## Look who's helping feed our neighbours!



### Cash Donors:

Pat & Marsha Dunn, Ron & Kim Fentelman, Grant & Carol Peters, Trillium Lakelands Teachers' Local, Arlene Thompson, Deeno & Charlene Pearsell, Luke MacDonald, Neil & Sandra Hannam and Conrad, Paul & Sheila Henley, Don Ireland, Marion Bowins, Richard Windsor, David & Karen Simser, IE Weldon Secondary School, David & Judy Warren, Lucy F Moulton, Lynn and Diane Johnson, Lindsay Christian Reformed Church, Todd Malcom, Robert G May, David and Ellen Edney - Kawartha Boxes, Elizabeth Barnes, Water Depot, Kawartha Lakes Dairy Producers, Kawartha Dairy, Jim and Shirley Moore, Neil Gaul, Judith Smith, Robert and Susan Mavity, Janice Holtby, Caryle Connolly, St Paul's Anglican, Patrick and Gwyneth Jay, Mary McKay, Rev. Rohan Wijesinghe, Pat and Marsha Dunn, Water Depot Lindsay, Melvin MacIsaac, Lucy F Moulton, Thomas and Linda Bartlett

### Monthly Donors:

Mary Auld, Rob and Rose Barg, Linda Coles, Barbie Corp, Francis and Jacey Culham, Michael Cummings, Charlie and Ina Currie, Anne and George Davies, Lisa Fedele, Alexandra Fulton, Kelsey Gibson, Yvonne Kehoe, Trevor and Shannon Kuypers, Peter Luskin, Catherine Philp, Bert and Sheila Stilwell, Larry and Michelle Wilson, Doug and Kristen Watson, Barbara Truax, David and Sheila Smith, Joan E. Shippel, Patti Jones, Roberta Allen, Laurie Cameron, Barb Taylor, Brian and Pat Henderson

### Online Monthly Donors:

Barb Donnan, Don and Kerrie Oates, Deborah Mohr, Barbara Glass, KFP Consulting, Deborah Smith, Bella Alderton, Beth Tait, Bruce Couling, Brian Rump, Cathie Ritchie, Kenneth Koski, Jesse McLinton, Jeremy Kraemer, Anonymous, Shannon Roszell, Nanci Byer, Verle de Lombaerde, Donna S Thompson, Mary Ellen Wood, Verle de Lombaerde, Donna S Thompson, Pamela Lawson



### Show Kids You Care

**Thank you, Show Kids You Care, for your donation towards our Summer Lunch Program!**

Show Kids You Care is a long time supporter of the Kawartha Lakes Food Source, and our student nutrition programs. They lead a national network of meal programs for kids living in poverty and in other difficult situations in Canada. We are so grateful for partners like Kristy and her team!

### Introducing, Amelia!

"My name is Amelia and I am the new **Coordinator of the Lindsay Community Food Market**. I grew up on a strawberry farm right here in the City of Kawartha Lakes so to say that I love this community is an understatement. Having built my career in Toronto at various food security and food justice non-profits, I

am so **thrilled to be back home** working in the community that I love and with an organization that I love. Whether as a guest or a volunteer, I look forward to meeting you at the Lindsay Community Food Market." For those of who aren't familiar, the Lindsay Community Food Market is a non-traditional food bank owned and operated by the Kawartha Lakes Food Source which emphasizes the importance of choice and a dignity in food banking. **If you'd like to learn more, please reach out to Amelia. Amelia can be reached at 705-328-5758 or [lcfm@kawarthalakesfoodsource.com](mailto:lcfm@kawarthalakesfoodsource.com) for anything Food Market related.**



### Kindhearted Kids

**Thank you to the Second family and the Saltys family for your much appreciated food donations!**

## Look who's helping feed our neighbours!



### Online Donors:

Tim Hales, Peter Petrosioniak, Tony Reitzel, Brad Waller, Patricia Lovsin, Myra Hay, Christine Noble, Robert Naylor, CanadaHelps, George Kalinack, Margaret Post, Perri Reesor Werry, Robert Matthew, Shirley Wilcox, Mandy McDonald, Tracey Lonsdale-Harris, John Richardson, Wayne Alldred, Patty Carlson, Karen and Ivan Goodhand, Leo Groenendyk, J. Carol Ward, Paul Weinwurm, Badria mohd Amin, Robert Naylor, Anonymous, Paul Weinwurm, Joanne Pitts, Christine Noble, Kristen Whytall, Donna S Thompson, David Robertson, Dawn Ewing, Nancy Paterson, Steve Strathdee, Daniel Plancke, Deborah Pearson, Sara Brownell

### In Honour Of:

#### Bob and Yvonne Noble

From Joanne Pitts and Christine Noble

#### Shalina Ladhani, Janice Orr, Laura Marshall

From Martin Tuchtie

#### Mrs Janke, Mrs Beggs and Mrs Jone

From Mandy McDonald

### In Memory Of:

**Carolyn Herlick**, From Neil Gaul, Judith Smith, Robert and Susan Mavity, Wanda Percival, Carolyn Wilker, Bryan and Mary Pfaff, Ron and Joan Ferguson, Mary Scott, Tara Brennan

**Paul Thompson**, From Jim and Shirley Moore

**JEC**, From Lucy F Moulton

**Julia Bak**, From Michael Bak

**Jackie Sweetman**, From Janet Sullivan, James Hartford, From Katherine Shaw

### Food Donors:

Todd Malcom, Kerri Murphy, Elva, Cathy Steffler - Flex Fitness, Heidi Riggerbach, Dave and Ingrid Larmer - EastGen, Anonymous, Candice Phoenix, Cambridge United Church, Amanda Secord, Kim Heaslip, Samantha, Julia and Tessley Saltys, Guy Mills Court, Egg Farmers of Ontario



### Victoria Beef Farmers

We are sending a massive thank you out to the Victoria Beef Farmers for their generous **donations of over \$2,000 in local beef** over the last four months. Our 10 member food banks across the City of Kawartha Lakes were thrilled to receive such a consistent quantity and quality of meat to offer individuals and families accessing their services. **Victoria Beef Farmers is a non-profit grass roots organization** that is dedicated to promoting beef in our community, representing their farmer-members, supporting agricultural awareness, and youth interested in agriculture.

### Commonwell Mutual Insurance

WOW! Commonwell Mutual Insurance has generously donated this beautiful, nearly new **fridge for our breakroom** so that volunteers and staff have the perfect place to store their lunches. **Thank you, Commonwell, for all that you do for our community!**



## FOOD SOURCE MEMBER AGENCIES:

Coboconk Food Bank  
Dunsford Food Bank  
Fenelon Falls Salvation Army  
K L Centre of Hope  
Kinmount & Area Food Bank  
Lindsay Community Food Market  
Little Britain Food Bank  
Omeme Food Bank  
Women's Resources  
Woodville Eldon Food Bank  
21 School Breakfast /Snack Programs



## Summer Outreach Lunch Program Success

This year marked our **3rd annual Summer Outreach Lunch Program** in partnership with the Salvation Army of Lindsay, the local Health Unit, and the Kawartha Lakes Food Coalition. From July 3rd to August 14th, our Summer Student, Steph, handed out a total of **328 healthy bagged lunches to elementary aged children.**



## Say Cheese!

Thank you, East Gen, for your donation of **47 pounds of cheese curds and cheese blocks!**



## Local Dairy Producers Supporting Local Food Banks

**Got milk? We do, thanks to the Kawartha Lakes Dairy Producers and Kawartha Dairy!** Together, local dairy producers and Kawartha Dairy have **donated over \$3,500 in Kawartha Dairy gift cards** to ensure that local families visiting food banks can access fresh, locally made dairy products. We are so grateful to be a part of this community, and to have the support of local farmers like Kurt, Jennifer, and Bruce who came together to drop off the donation. **Thank you, Kawartha Lakes Dairy Producers and Kawartha Dairy!**



## Support for Student Nutrition Programming

We received a generous **\$1,500 donation from Student Nutrition Ontario**, in partnership with Peterborough Child and Family Services and Food for Kids Kawartha Lakes, to support our **Summer Outreach Lunch Program**. Thank you to all who made this possible!



## A HUGE thank you

to our volunteers who sort, pick up donations, drop off supplies, plan events, organize food drives, tend to the gardens and so much more!