



Extraordinary Volunteer

On October 17, our own Mary Jones won the **Extraordinary Volunteer Award**, presented by sponsor Frost Whetter Oaklin Insurances' Kim Appleton on the right. Mary can be seen walking from one volunteer commitment to another almost daily. She is admired, appreciated and loved for her dedication & caring. Congratulations, Mary!



School Nutrition

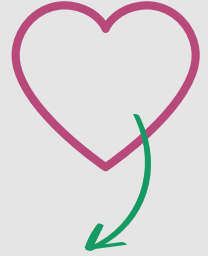
KLFS is proud to continue to support Student Nutrition Programs in schools both in Lindsay and around CKL this school year! Help us provide more than one case of milk and a box of fruit to each school through donations and sponsorships!
#NoHungryStudents



Labour Council Picnic

Our volunteer Keith (left) attended the Labour Day Community Picnic put on by the Lindsay & District Labour Council and brought back **141 lbs. of non-perishables!** A huge thank you to the Lindsay Labour Council and the picnic attendees for their generosity and dedication to helping their community!

Look who's helping feed our neighbours!



Monthly Donations:

Trevor and Shannon Kuypers, Verna Curtin, George and Anne Davies, Doug Watson, Larry Wilson, Mary Auld, Jacey Culham, Linda Coles, Yvonne Kehoe, Lisa Fedele and Michael Cummings, Joan Shippel, Barbara Truax, Caleb Stillwell, Alexandra Fulton, Charlie and Ina Currie, Catherine Philip, Rose Barg, Barbie Corp, David and Sheila Smith, Marg Wansbrough, Peter Luskin, Kelsey Gibson, Saint Vincent de Paul

Online Monthly Donations:

Donna Thompson, Barbara Glass, Deborah Smith, Yvette Peel, Bruce Couling, Jeremy Kraemer, Anonymous, Nanci Byer, Brian Rump

Donations In Memory of:

Tim Veltman

From Fran Dominic

Viola Quibell

From Jody Clements

Doug Banks

From Robert and Georgina Coleman

Barb Rowley

From Patricia Lovsin

Anne Marie Auger

From Caryle Connolly

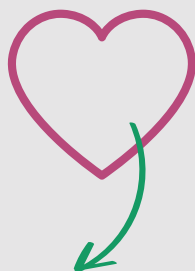
Marg Hancock

From Bruce Glass and Lois Barnes

Visit kawarthalakesfoodsource.com to donate online.

DONATE NOW!

Look who's helping feed our neighbours!



'Drive Away Hunger' Cash Donations:

Andrea Coates, Carol Dowdle, Christine Paradoski, Dane Hamilton, Doreen Wetherel, Ian Crockford, Josi Arthurs, Lisa Kemp, Marlene Hargrave, Matthew Haire, Michelle Elder, Michelle Torrey, Mitch Naylor, Nancy Hayward, Sarah Beggs, Trina Connell, Lindsay Sgro, Maggie VanCamp, Kim and Wes Arscott, Matt and Vicki Jewell, Kevin and Kim Fasolino, Megan and Josh Whitton, Matt and Virginia Jackson, Shawn and Shannon Peterson, Wes and Kelly Dayment, Mike and Amy Bell, Wade Finley, Matt and M.E. Pecoskie, Kyle Gallant, Kiera Whitehead, Ed and Dixie Cryderman, Andreas and Jutta Kueng, Sara Johnson, Mike McQuaid, Rachel Thorn, Brady Jones, Julie Dumont, Stephen Hodgson, Allison and Ryan Kemp, Jeff and Joanne Kemp, Will and Tara MacArthur, Luke Jewell, Jason and Candice Creighton, Evan Craft

Food Donations:

Southview Estates, Elly and Ralph Zwart, Trent Severn Heritage Club, David Hill, CKL Engineering and Public Works, Tucker and Shelby Muirhead, Guy Mills Apartments, Nancy Knights + Colborne Lodge, Michael McDonald, St Andrews Presbyterian Church, Saint John Paul II School, Beth and Paul Cross, Cambridge St Baptist Church, Kawartha Lakes Fire Department, Julie and JB Kuiken, 1st Lindsay Scouts Canada Scout Group, River Rose Cleaning Service, Lindsay Golf and Country Club, St. Thomas Aquinas Catholic Secondary, Armada, 84 Adelaide Place Retirement Community, Tessa Lang, Marg Bell, Nesbitt's Meat Market, Geeta Girish Palel, Cary Day, Maggie Bradamore, Justin Goodhand, Bethel Church, Patrick Whitley, 53 Adelaide Apartments, Tish O'Reilly, Peter Luskin, Lisa Wallace, Gayle Westacott and Elaine Skinner, Brandeston Farms, Dawn McColl, Shirley Sundberg, Bill Wilms, Gail Payne, June and Tom Pick, Jamie and Glenda Morris, Angelique and Erwin Stroobach, Cordula Winkelaar, Reg Armstrong, Lunar Rhythms Farms, Arlene Wood, Ross Bitten, Vivian Heaton, Barb Brown, Ted and Sandy Spearing, Ivan Gingrich, Floyd and Lovina Brubacher, Anonymous, Sir Sandford Fleming Community Garden, Fresh Fuell, Lyle and Marion Smith, Kate Fiddler, Edwin Binney Community Garden



Valu-Mart, who donate their surplus bread. Thank you Syd, Jackie, and Mark of Valu-Mart for making this happen!

FoodRescue.ca Update

Since our official launch of FoodRescue.ca in Lindsay, over **6,000 pounds of food** has been donated through the website! 17 local non-profits and 17 local food businesses are officially registered on FoodRescue.ca, including our most recent regular donor,



McLean Foundation

We would like to thank the McLean Foundation for donating **\$1,000 towards the purchase of eggs** for our member food banks! We are able to provide 6 eggs/month to each of our clients, help us raise that amount to a full dozen by donating today!



Central Senior Breaks Out!

Central Senior Public School had a Breakout week focussed on **activism in the community!** Students came to learn about food waste, volunteering and running a non-profit organization. Thank you for coming to learn, Aaliyah and Annie!



Farm to Food Donation

Through Farm to Food, excess produce is rescued from local farms and prepared into healthy, nutritious meals at the Unemployed Help Centre's state of the art kitchen in Windsor. It's then shared with people facing hunger across Ontario. We received **delicious soups** through FeedOntario that have gone out **to our member food banks!**



Kawartha Credit Union

A HUGE thank you to Kawartha Credit Union in Lindsay who **donate funds** and were a part of our Thanksgiving Food Drive! They have supported us for **11 years** and it is much appreciated!



A HUGE thank you

to our volunteers who sort, pick up donations, drop off supplies, plan events, organize food drives, tend to the gardens and so much more!



Thanksgiving Food Drive

This Thanksgiving KLFS was out in force at Valumart and Loblaws for our annual Thanksgiving Food Drive! Our thanks to our hardworking volunteers, the businesses who came out to help us and all people who donated! We collected **over 1,700lbs. of food and \$3,100** and we are very thankful!



IG Wealth Management

IG Wealth Management did us the amazing kindness of asking their clients for donations at their appreciation Comedy Night! The clients raised a mountain of food, an incredible **682 lbs., \$518 in cash donations, as well as \$1,000 from IG itself.** What a spectacular night! THANK YOU!!!



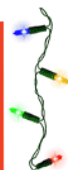
A 5K walk/fun run in support of The Kawartha Lakes Food Source and A Place Called Home.

Visit www.jollyjoglindsay.com to register!

NOVEMBER 23, 2019
Calvary Pentecostal Church
 (125 Victoria St. North, Lindsay)



Adults(13+) - \$25
 Children (3-12) - \$5
 2 and under - Free

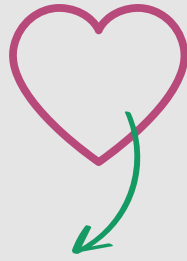


Lunch and refreshments to follow
 Prizes for best dressed!
 Non-perishable food donations accepted



Get your photo taken with Santa

Look who's helping feed our neighbours!



Cash Donations:

Lynda Clark, Alan and Frances Emery, Kawartha Lakes CFDC, Mary Vangerven, Cheryl Marek, Hyla Gould, Boudina Braches, Brad Goodwin, Cheryl Saunders, Joyce Poulson, Hector and Aileen Naylor, Laurie McLean, Earl Manley, Victoria Hargrave, Ron and Kim Fintelman, Kim Devolin, Ruby Catling, Ross Brown, Lois Barnes, Cambridge St United - Hannah Unit, Ruth Graham, Leon DesRochers, Niblett Environmental Associates Inc., Double "M" RV Resort & Campground, William Kennedy, Tish O'Reilly, Rose Sloan, Joyce Palmer, Optimist Club of Lindsay, Terrence and Debra Oliver, Lindsay CRC Deacons, Mark Joncas, Barbara and William Franklin, Nama Tummon, Naomi Ecob, Nanci Byer, Lindsay Tai Chi Club, Mary Anne Banwell, Anne Evans, Helen Van Gerven, Steve and Jo Abercrombie, Caryle Connolly, Wendy Goller, R. French, Ruthanne Bell, Rev. Michael Locke, James Lindsay, Johnson Jewellers Ltd., Helga Guthrie, IG Wealth Management, Omemee Veterinary Hospital, Beth Kellestine, Wood-Mizer Canada Inc. - Dorian Lavallee, St. Pauls Anglican Church, Max and Patricia Radiff, CKL Engineering and Public Works, Vern and Donna Lonsway, Bruce Glass, Lois Barnes, Joan Oakley, Hector and Aileen Naylor, River Rose Cleaning Service, Marg Bell, Carolyn Bergin, Bruce Faulkner, Patricia Harkot, Ida Howard, Eileen MacMillan, Joy Parliament, Katherine Reddick, Shirley Thornbury, Pampered Chef, IODE Blythe Chapter, Marj and David McClelland

KID DONORS!



Tessa Lang was excited to bring in a very special donation this October! It was Tessa's 9th birthday and she asked her friends to bring in food donations instead of presents! They brought **88lbs. of food** that will go out to our area food banks! **THANK YOU TESSA!**



Brody and Greyson wanted to do a food collection for those in need, so they worked together to go around their neighborhood. They asked friends, neighbours and Colborne Lodge where Brody's grandpa lives. Their hard work resulted in a **donation of 231 lbs.!!!** **THANK YOU BRODY AND GREYSON!**



FOOD SOURCE MEMBER AGENCIES:

Coboconk Food Bank
 Dunsford Food Bank
 Fenelon Falls Salvation Army
 HKPR Health Unit
 K L Centre of Hope
 Kinmount & Area Food Bank
 Lindsay Community Food Market
 Little Britain Food Bank
 Omemee Food Bank
 Women's Resources
 Woodville Eldon Food Bank
 21 School Breakfast /Snack Programs



Produce Donation Heroes!

We would like to feature Brandeston Farms who answered our call for fresh produce to distribute to our member food banks. John Stinson decided he wanted to try his hand at vegetable farming because of his concern about food security in general. When planning their inaugural 2019 season, crop production targets were chosen with donating a share in mind, as a primary motivator. In all, through the growing season, John and Brandeston Farms **donated nearly 1,500lbs. of lettuce, radishes, tomatoes, carrots and other produce!** Thank you, John, for seeing the need in our area and working to fix it; it is so very appreciated!