



The Source

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If you or someone you know is in need of food bank support, visit the “Find A Food Bank” page on our website, or phone 705-324-0707

JOLLY JOG

Get into the holiday spirit with the **Lindsay Jolly Jog on November 27.**

We have prizes for the Best Festive Dressed for Individuals, Family Units, Groups and Pets! Jolly Joggers can participate in the costume contest whether they are doing the 5K in-person or virtually, but virtual participants must make sure to upload a picture of themselves in costume by 2pm on November 27 to be considered.

For more info and to register for the event go to [Eventbrite.ca](https://www.eventbrite.ca) and search “Lindsay Jolly Jog”.

For event updates, you can follow @KawarthaLakesFoodSource on Facebook and Instagram **or contact Kate** at info@kawarthalakesfoodsource.com or 705-324-0707.



A HUGE thank you

to our volunteers who sort, pick up donations, drop off supplies, plan events, organize food drives, tend to the gardens and so much more!

Look who's helping feed our neighbours!



Cash Donors:

Darryl James, DGJJ INC, Ruth Hopkins, Rebekah McCracken, Lucy F Moulton, Mr. & Mrs. Grant & Carol Peters, Staff & Management of Costco Peterborough, Betty M Gourd, George & Lynda Thomson, Wards Lawyers Professional Corp., Rhonda Gossen, Audrey Johnston, Terrance & Debra Oliver, Girish Patel, John & Julia Ruitter, Sharon Pollard, Virginia Reeds, The Optimist Club of Lindsay, Maybelle Rebekah Lodge, Earl Spence, Judith & Glen Wright, Cupe Local 4422 c/o Karen Thoburn, Flato Management Inc, Louise R Mackay, Frances Susan Dominic, Leon des Rochers, Mark Joncas, Trent Severn Heritage Chapter, Hector & Aileen Naylor, Brenda & William Moynes, Lindsay C.R.C. Deacons, Lindsay District Lions, Ronald & Heather Armstrong, Ken & Elizabeth Penley, James Lindsay, Lorraine Perdue, Christine Macauley, Max & Patricia Radiff, Mary Jane Beatty, Dr. & Mrs. Peter & Angie Ursel, Janet Murtha, John & Eleanor McCrae, Frances Shelton, Gwendolyn R Drew, Marilyn Warner, Mr & Mrs John & Elizabeth Gundy, Katherine Reddick, Rachel Brown, Mr. & Mrs. Ivan & Elaine Nancekieville, Milton Battersby, Ross Bilton, Helen Brasier, Susan Brooks, Suzanne Christie, Barb Federchuk, Ron & Kim Fintelman, Ronald & Kathy Firth, Gallero Construction, Denis Grignon, Drew & Ann Gunsolus, Lynda Hammond, Patricia Herlihey, Mary Hill, Carol Kelsey, Roger & Kathleen LeBlanc, Pooran & Cecilia Manmohansingh, Michael & Lois Marks, David & Marj McClelland, Kenneth Rietz, Margaret C Ross, Rose Sloan, Lorraine Smith, Simon Snellen, Natale Stoppa, Shirley Thornbury, Gaye Trider, Marg Wansbrough, David & Judy Warren, Jean Wilson, Kawartha Lakes Haliburton Federation of Agriculture, Douglas Horton, Sisters of St Joseph, Lorrain Bayes, Susan Eddie, Joan Johnson, Sharon Woodhouse, Earl Spence, Aquaticover – Rick Short, Jo Alberti, June Gall, Mary Anne Banwell, Scottish Rite Club of Victoria District, Barbara & William Franklin, Erich Tratnik, Sandra Scriven, Ialean Foster, Grace Fletcher, Carolyn Bergin, Lawrence Crocker, Elaine Kell, 1 Anonymous Donor

Online One Time:

Debbie Hudson, Jeremy Kraemer, Shannon Roszell, Nancy Byer, Sandra & Bob Laurence, Pamela Lawson, Pat & Lynda Casey, Mary Ellen Wood, Veerle De Lombaerde, Paul Weinwurm, The Smile Studio, The Lunch Box, Robin Bowman, Blaine Kitchen, Robert Naylor, Shawn



Home Away From Home

Your Home Away From Home hosted a yard sale, **donating collected non-perishables and earnings** to Kawartha Lakes Food Source! What a great way to help our community!



Charity Riders

Back in September, the Kawartha Charity Riders named us as the beneficiary of their annual Show & Shine. **The event raised an astonishing \$5000** that will go towards keeping local families fed. \$487 of that was donated back from the winner of the 50/50 draw. Amazing!

Merkaba Acres Donation of Root Vegetables

Kawartha Lakes Food Source is grateful to have agricultural donors like Tessa Lewis of Merkaba Acres, an ecological farm in Bobcaygeon. Fresh foods, especially root vegetables, are the most requested items at food banks. Carrots, potatoes, and onions are go-to basics for a good meal. Upon request, KLFS can provide a tax receipt for produce donations.



Reverse Advent Calendar

Holly the elf is having fun collecting food for the KLFS Reverse Advent Calendar, are you? You can approach the Reverse Advent Calendar as you wish, condensed into 14 days or sprinkled throughout the entire month of November. The main thing is to **have fun gathering food needed for your community**. Visit our website to find the Reverse Advent Calendars.



Smile Cookies

This year, the Lindsay Tim Hortons completely sold out of their \$1 smile cookies, meaning that Kawartha Lakes Food Source received a **donation of \$13,504.85!** HUGE thank you to those who purchased smile cookies. You supported not only us, but the Dragon Flies Breast Cancer Survivor Group too!

Visit kawarthalakesfoodsource.com to donate online.

DONATE NOW!

Look who's helping feed our neighbours!



Online One Time (cont'd):

Morgan, Michael Bak, Amy Shanno, Patricia Harcot, Hyla Gould, John Pickering, Tom Molica Iazzaro, Wendy Kennedy, Bruce Glass, Sonja Vandermeer, Nancy Paterson, Carolyn Dittmar, Aly Read, Anne van Warmwedam, Cynthia Rogers, Mike & Cathy Puffer, David Robertson, Moya Beall, CanadaHelps End Hunger Fund, Paul Weinwurm, John McCrae, Denis Johnston, Deborah Bloom, Paula Cayley, 16 Anonymous Donors

Online Monthly

Donna S. Thompson, Jennifer Connor, Sallie Byer, Barb Donnan, Mark Whalen, Janet Armstrong, John Sanders, Deborah Mohr, Barbara Glass, Muriel Ellis, Steven Roffe, Michael T & Mary Scott, Bruce Couling, Deborah Smith, Tim Jenkins, Beth Tait, Lisa Van Halteren, Armada Toolworks, Barbara Evans, John & Elizabeth Gundy, Cathie Ritchie, Daniel Grima, Kenneth Koski, Peter Maitland, Gwen Allore, Christine Schaafsma, Jeremy Kraemer, Shannon Roszell, Nanci Byer, Sandra & Bob Laurence, Pamela Lawson, Mary Ellen Wood, Veerle De Lombaerde, Brian Rump, Natalie Wood, 6 Anonymous Donors

In Memory of:

Anne Rodd – In memory of Gord Rodd, Joe & Maureen McColl – In memory of Stacey Wood, John Harris – In memory of Stewart Stainton, William & Lorraine Brown – In memory of Doug Shelton, Larry & Linda Todd – In memory of Stu Stainton, Thomas & Betty Jenkins – In memory of Jill Thomas, Diane T Conway – In memory of Jan, Marie Flear - In memory of Jim Hartford

In Honour of:

Jim & Susan Eddie – For Dunsford Food Bank in honour of Sandra & Ken Sornberger's 50th Anniversary, Linda Macdonald-Clow – In honour of Larry Clow, Anonymous - In honour of Wendy Norris

Food Donors:

North Lindsay, South Lindsay, David R Brien, Kevin M Stock, George & Lynda Thomson, Betty M. Gourd, Leon Des Rochers, Green Tractors, Shirley Sundberg, PAWZ, Community Care, Country Cabin,



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Food Donors (cont'd):

Melissa Sharp, Frank James, Marquis Farms, Rachel Brown, Marilyn Warner, Bethany/ Pontypool Foodbank, Trent Severn Heritage Club, Donna Bradt, June Gall, 12 Anonymous Donors

Produce Donors:

Farm Credit Canada, Dawn McColl, Alan Ashton, Elaine Skinner, Philip Hunt, Barb & Dave Brown, Tessa Lewis, Peter Payne, Diane Couture, June Pick, Pam White, Corula Winkelaar, Jane Antal, William Wilms, Vivian Heaton, Adrian Brouwer, Fleming College Community Gardens, United Way CKL, 2 Anonymous Donors

Community Events:

Sweep Easy Kawarthas Food Drive, Leaha Denny Doodle Dash Piggy Banks, Fairstone Financial Food Drive, Elizabeth Gibb Yard Sale, Applesseed Quiltworks & Olympia Yard Sale, Fresh Fuel This is Bliss Ice Cream Sale, Scoops by Donation, Country Estates Food Drive, Zoe Kennedy 10th Birthday Party Donations Instead of Gifts, St. Paul Anglican Church Tower of Tins, Kawartha Lakes Physiotherapy Client Food Drive, Kawartha Credit Union Food Drive, Your Home Away From Home Yard Sale, Olivers Nest Golf Course Thanksgiving Tournament, St Thomas Aquinas Secondary School Food Drive, Adelaide Place Thanksgiving Drive

Monthly Donors:

Marion LeBlanc, Charlie & Ina Currie, Barbie Corp, Shannon Kuypers, Mary Auld, Kelsey Gibson, Laurie Cameron, Barbara Taylor, Roberta Allen, Patti Jones, Rose & Rob Barg, Bert & Sheila Stillwell, Barbara Truax
Doug Watson, Alexandra Fulton, Catherine Philp, George & Anne Davies, Jacey & Francis Culham, Larry & Michelle Wilson, Yvonne Kehoe, Lisa Fedele & Michael Cummings, Brian & Pat Henderson, Patricia Jarvie, Katherine Le Gresley, Jo-Ann Nairn, Betty Kellestine, Virginia Reeds, David & Sheila Smith, Peter Luskin
Joan Shippel, Douglas Horton, Society of St. Vincent de Paul



Large Donation of Whole Chickens

Chicken Farmers of Ontario launched the **Feeding the Frontline campaign** to thank and recognize Ontario's frontline workers that continue to deliver essential goods and services by offering a chicken dinner to winning frontline workers and their family and the opportunity to direct a substantial donation to a local food bank or organization of their choice. KLFS was a chosen recipient and is thrilled to have so many whole chickens to distribute to member food banks.

Salsa

KLFS Social Enterprise Salsa is a great go-to gift. Purchasing our salsa shows others that you care about our community because 100% of proceeds go back into the community! Our salsa is now **available at 9 locations:**

Farmers Butcher Shop, Lindsay
Burns Bulk Food, Lindsay
Fresh Fuel, Lindsay
Mariposa Woolen Mill, Oakwood
Craftworks and Antiques at The Barn, Selwyn
Bigley's Cottage Kitchen, Bobcaygeon
Foodland, Havelock
Reid's Valu-Mart, Lindsay
Sobeys, Fenelon Falls



KLFS MEMBER AGENCIES:

Coboconk Community Food Bank
Dunsford Community Food Bank
Fenelon Falls Salvation Army
Kinmount & Area Food Bank
Lindsay Community Food Market
Omemee Food Bank
Women's Resources
Woodville Eldon Food Bank



21 Member Schools Participating in Fruit & Milk Program

