



The Source

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THANK YOU

to Ricki's/Bootlegger who donated 190 lbs of food! Two lucky people won a free pair of jeans for their contribution to the food barrel!



Loblaw Companies Limited
Spring Food Drive
 April 4 to April 18

Visit a participating location to donate.

FORTINOS **valu-mart** **Loblaws** **wholesale club**
NOFRILLS **independent** **REAL CANADIAN SUPERSTORE** **Zehrs MARKETS**

Food Banks Canada 

Spring Food Drive

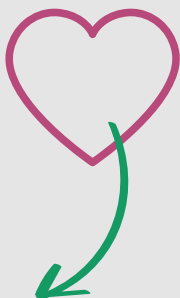
THANK YOU to Loblaws, Reid's Valumart and Wholesale Club for hosting the food drive, Ballroom Beauty, Edward Jones and Calvary Pentecostal Church for partnering with us, the volunteers who gave of their time and everyone who gave a donation of food or money. A total of **\$3,159.65 and 1,044 lbs of food** were donated through the campaign.



ATTENTION VOLUNTEERS:

Kawartha Lakes Food Source Needs **YOU!** We have many volunteer opportunities such as the Summer Lunch Program, Food Drives, Open Gardens, Special Events and more. Call to find out how you can help.

Look who's helping feed our neighbours!



In Memory of:

Craig and Mary Fitsel
from Catherine Dimmons

Myrna Sinclair
from Max and Patricia Radiff

3rd Party Event Donations:

Jennings Creek Christian Reform Church - 253 lbs.

HB Cycle - 282 lbs.

Kawartha Sportsman Show - 670 lbs.

Diplomat Apartment Tenants - 90lbs.

Curves/Jenny Craig - 227 lbs.

Crayola - 294 lbs.

Fit Body Boot Camp - 110 lbs.

Ellen MacKay & Ray Jacome - 93 lbs.

Brian & Denise Sabourin – Country Cabin Products
118 lbs.

Commonwell Insurance Group - 13 lbs.

Garry's Gardens - 155 lbs.

Horizon Dentistry - 30 lbs.

**TO DONATE ONLINE,
PLEASE VISIT:**

kawarthalakesfoodsource.com

DONATE NOW!



Food Bank shopping grocery store style!

New Food Banks

Thank you to Food Banks Canada and Enterprise Holdings Foundation for their support in opening **two new area food banks** – Kinmount in December 2018 and the Lindsay Community Food

Market that just held their Grand Opening on March 14th, 2019. Food Banks Canada and Enterprise Holdings Foundation also provided **funding for the new Fill the Freezers Program**, where nutritious meals are prepared and frozen for delivery to the member food banks on a fair share basis.



'Fill the Freezers' program



Open Garden

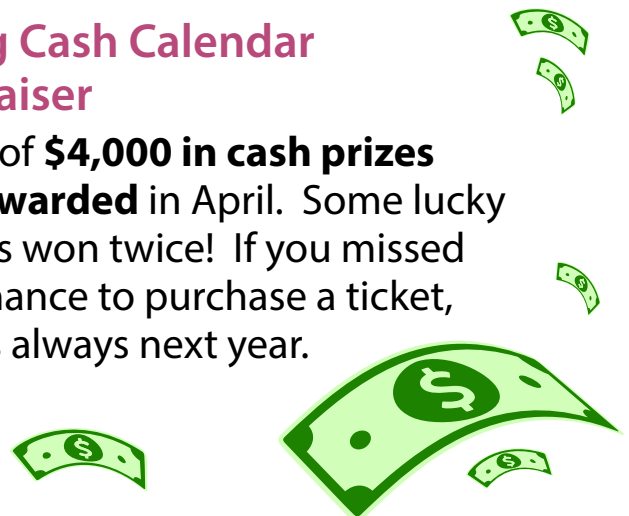
The KLFS is open to all and you are welcome to help with its care and to pick ripe vegetable. Our hope is that it will increase the food available for those in need no matter the time of day. Our volunteer gardeners extraordinaire, James Youells and Ray Bain, along with their crew of Barbara Bain and Terry and Sharon Monroe, have been busy **preparing the beds and planting seeds** for the growing season. Through their continual care and nurturing the gardens have grown from 8 beds in 2017 to **48 beds this year.**

*The garden is **open to all** and you are welcome to help with its care and to pick ripe vegetables. Our hope is that it will **increase the food available** for those in need no matter the day or time.*



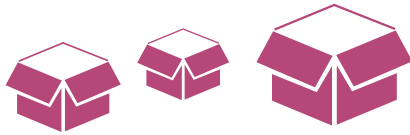
Spring Cash Calendar Fundraiser

A total of **\$4,000 in cash prizes were awarded** in April. Some lucky winners won twice! If you missed your chance to purchase a ticket, there is always next year.



FOOD SOURCE MEMBER AGENCIES:

Coboconk Food Bank
Dunsford Food Bank
Fenelon Falls Salvation Army
HKPR Health Unit
K L Centre of Hope
Kinmount & Area Food Bank
Lindsay Community Food Market
Little Britain Food Bank
Omemee Food Bank
Women's Resources
Woodville Eldon Food Bank
21 School Breakfast /Snack Programs



UPCOMING EVENTS:

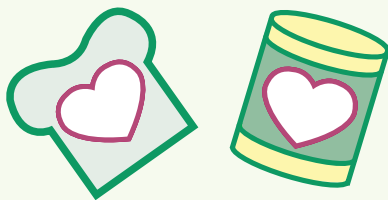
Tag Day

Saturday, May 25th

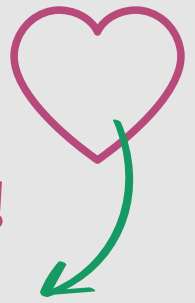
Giant Tiger One Day Food Drive

Thursday, May 30th

Stay tuned for more information on
Tim Horton's Smile Cookie Donation
Week and Hobarts Private Dining Event



Look who's helping feed our neighbours!



Monthly Donors:

Mary Auld, Catherine Philp, George & Anne Davies, Robert and Rose Barg, Jacey Culham
Doug & Kristen Watson, Yvonne Kehoe, Charles & Ina Currie, Linda Coles, Larry & Michelle Wilson
Bert & Sheila Stillwill, Dave & Sheila Smith, Michael Cummings, Lisa Fedele, Barbara Corp, Trevor and Shannon Kuypers

Online Monthly Donations:

Daniel Grima, Barbara Glass, Deborah Smith, Bruce Couling, Brian Rump, Jeremy Kraemer, Anonymous, Nanci Byer, Donna Thompson, Yvette Peel

Online Donations:

Catherine Morrison, Peter Petrosoniak, Bronwen Langley

Cash Donations:

Calvary Pentecostal Church, David and Shelia Smith, Terrance and Deborah Oliver, Trillium Lakesland Elementary Schools, Garry Burns, Ron and Kim Fintelman, Rosepark Landscaping Ltd., Susan Brooks, Victoria Hargrave, Sharon Smith-Carter, Earl Thurston, Harry and Susan Taylor, Larry and Linda Todd, Marg Wansbrough, Nanci Byer, Ross Brown, Pat Lovsin, Tri Care Cleaning Specialists, Mr. and Mrs. Grant and Carol Peters, Alexander and Carol Fulton, Ms. Jeanne Blewett, Nexicom Telecommunications Inc., Clifford Anderson, Kim Devolin, Cambridge St. United Church Hannah Unit, Beatrice Hayes, Joyce Palmer, Shirley Thornbury, Sandra L. Runk, Anna Evans, Mark Joncas, Caleb B. Stillwell, Sandy Flynn, Anonymous (x2), Doug Comber, George Piggott, Sam and Eli Albers, Simon Snellen, Debbie Kuiken, Sharon Penzvalto, Wood-Mizer Canada Inc., Gillian Willcocks, Caryle Connelly, Crayola, HB Cycle, Garry's Gardens