




# The Source

Volume 18 • Issue 2 • MARCH 2020



**KAWARTHA LAKES  
FOOD SOURCE**

**ANNUAL  
GENERAL  
MEETING**

ALL ARE WELCOME!

**MARCH 23, 2020  
5 PM TO 7 PM  
125 VICTORIA AVE NORTH, LINDSAY**

For more information about the Kawartha Lakes Food Source, or this AGM, contact us at (705) 324-0707 or [info@kawarthalakesfoodsource.com](mailto:info@kawarthalakesfoodsource.com)

Proxy forms are available to members up until March 16th



## FoodRescue.ca Update

February was the month of FoodRescue.ca's biggest City of Kawartha Lakes donation yet! We had **1,700lbs. (100 tubs!!!)** of Kawartha Dairy Praline and Cream, as well as Moose Tracks, ice cream come into our warehouse. By readying all of our rescuers throughout CKL, we were able to get it in and out within a day! Great job, Food Rescuers, and we hope the sweet treat was enjoyed by all!



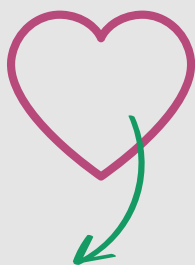
## Annie Cheng and Kawartha Art Gallery

A HUGE thank you to Annie Cheng! For her IB Program requirements, she started a free, fun and creative class for children using Model Magic clay, as well as performed a service to her community by donating to KLFS the proceeds from sale of the sculptures! Due to her programs' success, Annie made a donation of **\$300 and 47 lbs. of non-perishable food** to KLFS!

Thank you so much, Annie, for your fantastic idea, as well as Kawartha Art Gallery staff and artist RoseMarie Condon for being so very supportive.

Photo is courtesy of Kawartha Lakes This Week.

## Look who's helping feed our neighbours!



### Monthly Donations:

Mary Auld, Rob and Rose Barg, Linda Coles, Barbie Corp, Francis and Jacey Culham, Michael Cummings, Charlie and Ina Currie, Anne and George Davies, Lisa Fedele, Alexandra Fulton, Kelsey Gibson, Yvonne Kehoe, Trevor and Shannon Kuypers, Peter Luskin, Catherine Philp, Bert and Sheila Stilwell, Larry and Michelle Wilson, Doug and Kristen Watson, Barbara Truax, David and Sheila Smith, Joan E. Shippel

### Online Monthly Donations:

Donna S. Thompson, Barbara Glass, Deborah Smith, Bruce Couling, Brian Rump, Jeremy Kraemer, Nanci Byer, Anonymous

### Online Donations:

Paul Reeds, Baker Tilly KDN, Emily Buss, Travis Chandler, Erik Ellis, Heather Greer, Jane Ruth, C.A. Sellers Cleaning Service, Michael Scott, Meredith Svetec, Logan Watson-Page, Sig Scott, Christine Karpazis, Wayne Alldred, James Byer, Penny Kuhne, Philip Arrowsmith, Wanda Percival, Charles Webster, Ruth Tait, Kawartha Conservation, Anonymous

### Food Donors:

Guy Mills Apartments, Lindsay Fire Department, Bev and Bob Francis, Dentistry on Kent, Lindsay Family Dentistry, David Kennedy, Christina Newton, 6th Lindsay Brownie Unit, Anonymous, St. Paul's Anglican Church, Queen Street United Church, Bethel Church, Cambridge Street Baptist Church, Cambridge Street United Church, Fairview Baptist Church, Ross Memorial Hospital, Spotlight Dance Studio, Lindsay Transit, Lindsay PeeWee Muskies, Hobart's Steakhouse, Kawartha Lakes Cannabis Online, Fit Body Boot Camp, St. Thomas Aquinas, Catholic Secondary School, Treasures on 35, Olympia Restaurant

### Donations In Memory Of:

Doug Burke, *From Sonia MacVicar*  
Kathryn Windrem, *From Jody Clements, Darwin and Barb, Anne Rodd*

### Cash Donations:

Shirley Toombs, Jacqueline M. LeBlanc, Darlene Hallett, Preceptor Beta Upsilon Sorority, Robert O'Hoski, Conservative Party of Canada, Hermine Flynn, Ontario English Catholic Teachers Assoc, Ross Memorial Hospital Admitting Dept., MyHealth Centre Lindsay, Joan Bolton and John Gleeson



### Ross Memorial Valentine's Food Drive

Every year, Ross Memorial Hospital holds a **Valentine's Day Food Drive** in which the different departments throughout the building compete for the best decorated barrel, as well as the most food donated. This year, the hospital donated **545 lbs. of non-perishable food** and we are so incredibly grateful for the donation, as well as the continued support year after year.



### Green Dishes

In a nutshell, our new Green Dishes initiative is a dish borrowing program that allows community members to borrow dishes and utensils from us in exchange for a set donation, rather than using single use plastics and papers. **We're currently accepting donations** of all types of plates, bowls, utensils and cutlery, in the hopes of creating an eclectic set of dishes we can begin lending to events in April. **For more information contact us at [volunteer@kawarthalakesfoodsource.com](mailto:volunteer@kawarthalakesfoodsource.com) or 705-324-0707!**

Visit [kawarthalakesfoodsource.com](http://kawarthalakesfoodsource.com) to donate online.

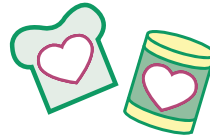
**DONATE NOW!**





### Kinsmen Club of Lindsay

The Kinsmen Club of Lindsay have been in overdrive the past couple months as they've worked to really prove their motto of "Serving the Communities Greatest Need." In honour of their annual National Day of Kindness, as well as their organizations' 100th Anniversary, the Kinsmen first helped us sort our donations into categories in January, before working hard in February to cook over 250 individual, high-protein meals that were frozen and given out to our member food banks! Thank you so much for your help, Kinsmen, your generosity means so much!



### The Lindsay Lynx Care!

As well as coming into the KLFS distribution centre to learn about the food banks in the area and how each of them can help, the Lindsay Lynx Girls Hockey Peewee B team took the time to collect and sort **140 lbs. of food donations!** Great job, girls, THANK YOU!



### Thanks Lindsay Peewee Muskies!

The PeeWee Lindsay Muskies were extremely active throughout the holidays! Not only did they create a video and nominate us for the **Chevrolet Good Deeds Cup**, they also ran a food drive for us and the Lindsay Community Food Market! They sent Jack Evans to drop off the fruits of their labour in January and we are incredibly grateful! **THANK YOU MUSKIES!**



### The Brownies Visit KLFS

The Brownies (the precursor to Girl Guides) are a group that encourages young girls to try new activities and learn new things. This month, the **6th Lindsay Brownie Unit** came to KLFS to learn about what we do and why we do it and brought a **25lb. non-perishable food donation** while they were at it! It was a true pleasure to have them here to sort donations, and we can't wait to have them back again!

### FOOD SOURCE MEMBER AGENCIES:

- Coboconk Food Bank
- Dunsford Food Bank
- Fenelon Falls Salvation Army
- HKPR Health Unit
- K L Centre of Hope
- Kinmount & Area Food Bank
- Lindsay Community Food Market
- Little Britain Food Bank
- Omeme Food Bank
- Women's Resources
- Woodville Eldon Food Bank
- 21 School Breakfast /Snack Programs



### S.M. Blair Family Foundation

We would like to thank the S.M. Blair Family Foundation for their years of continued support. This year, they have donated **\$3,500 that will be used for our School Nutrition Program.** It will help us provide milk cartons and fresh fruit to our member schools across CKL!

### Treasures on 35

Reaching out to us all the way back in November, the vendors of Treasures on 35 were eager to help those in need within our community. They knew we would receive tons of donations leading up to Christmas but wondered, what would happen in January? When alerted to the steep drop off in donations during that time, they wanted to help and ran a drive throughout the month. It resulted in **89lbs. of food** and **we are so grateful for their care and hard work!**



## READERS' CHOICE AWARDS 2020

### Reader's Choice 2020 Nomination

As most residents in the City of Kawartha Lakes know, every year Kawartha Lakes This Week creates their Reader's Choice Awards list. This year, Kawartha Lakes Food Source was nominated for **Best Non-Profit** and we would like to say a huge THANK YOU to those who took the time to put our name forward. We made it into the Top Ten, so to **Vote for KLFS, go to [mykawartha.com/readerschoice](http://mykawartha.com/readerschoice) before March 21st!**



### Lindsay Dentists Donate

Our office was all smiles when we received this donation! When we sent out the call to Dentists' offices in the area about our need for toothbrushes and toothpaste, Dentistry on Kent and Lindsay Family Dentistry responded. They sent over a combined total of nearly **40lbs. worth of dental hygiene products** that we're so excited to be able to share with food bank clients around the Kawartha Lakes.



**A HUGE thank you**  
to our volunteers who sort, pick up donations, drop off supplies, plan events, organize food drives, tend to the gardens and so much more!

