

Look who's helping feed our neighbours!



Cash Donations:

Greg Andrews, Boudina Braches, Garry and Glenna Taylor, Jessica Woolridge, Patricia Lovsin, Mr. and Mrs. John Pickering, Beatrice Hayes, Karen and Bill Coe, Niblett Environmental Associates Inc., Mr. and Mrs. Garnet Powell, Melvin MacIsaac, Leroy and Faith Brown, Ian and Donna Campbell, Barbara and William Franklin, Jenny Bandstra, Harvey Dawe Realty Ltd., Hyla Gould, Mrs. D. Lackey, Gaye Trider, Dorothea Weise, Peter Luskin, Marina Currie, Guy Masters, Dianne and Wayne Evans, Society of St. Vincent de Paul, Anne and George Davies, Mary Martha Ladies group (St. Andrew's Church), Jody Clements, Garth D Mackay, Ms. Vivienne Buick, Wood-Mizer Canada, Paul Davidson, Earl Manley, Rick Graham, Jody Clements.

Online Donations:

Shannon Gillies, Mairi Bew, Heather Beggs, Miranda Warren, Mira Pinkus, Brendan Guest, Mughina Siddiqui Medicine, Douglas Robertson, Mohammad Patel, Bruce Glass.

Online Monthly Donations:

Barbara Glass, Deborah Smith, Yvette Peel, Bruce Couling, Nancy Byer, Donna S. Thompson, Daniel Grima, Brian Rump, Jeremy Kraemer, Douglas and Carol Brenner, Helen Robinson.

Monthly Donations:

Trevor and Shannon Kuypers, Verna Curtin, George Davies, Doug Watson, Larry Wilson, Mary Auld, Jacey Culham, Linda Coles, Yvonne Kehoe, Lisa Fedele and Michael Cummings, Joan E. Shippel, Barbara Truax, Caleb Stillwell, Alexandra Fulton, Charlie and Ina Currie, Catherine Philip, Rose Barg, Barbie Corp, David and Sheila Smith, Mary Auld.



Happy Birthday June!

A huge thank you goes out to June Widdis for collecting donations for her 65th birthday party at the Lindsay Curling Club. A total of **\$960 and 139 pounds of non-perishable food donations were collected!**

Here are the generous guests who made donations: Heather Arkell, John Bennett, Laura Dooley, Jane Elmy, Karen Geary, Chris Jimmo, Alan Konyer, John McCrae, Esther McGee, Norman McKinnon, Laurie McLean, Paul McPherson, Peter Newman, Deeno Pearsell, Audrey Quibell, Anne Rodd, Finni Verbik, June Widdis

FOOD SOURCE MEMBER AGENCIES:

- Coboconk Food Bank
- Dunsford Food Bank
- Fenelon Falls Salvation Army
- HKPR Health Unit
- K L Centre of Hope
- Kinmount & Area Food Bank
- Lindsay Community Food Market
- Little Britain Food Bank
- Omeme Food Bank
- Women's Resources
- Woodville Eldon Food Bank
- 21 School Breakfast /Snack Programs

With our deepest apologies, in our May 2019 newsletter it read in memory of Craig and Mary Fittsell. It should have read in honor of Craig and Mary Fittsell.



The Source

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The Seeds of Kindness Orchard at Orchard Park is looking very strong after their first winter. Once these apple and pear trees are ready to bare fruit, KLFS will **harvest and share with our member food banks.** Thank you to Liza and Marina for your time and efforts to make these fruit trees a reality!

GIANT TIGER



The Kirkfield Project

May 27th marked the last delivery for the Family Cooking Project at Lady MacKenzie Public School in Kirkfield. Each week KLFS provided 3 recipes and a bag of fresh ingredients to ten families. **Thank you to the families who participated!** We really enjoyed this project!

Eat Together Day BBQ

Thank you to Reid's Valumart for hosting their Eat Together Day BBQ and to everyone who donated! We received **\$322.05 and 91 lbs of food!**



One-Day Food Drive

Thank you Giant Tiger Lindsay for partnering with us for a one-day food drive in May! Your shoppers donated **\$375.25 and 204 lbs** of much needed non-perishable food! All cash donations go towards purchasing milk and eggs. A huge thank you also goes out to our volunteers Barbara, Gillian, Heidi, and Mary for receiving donations.





Food Rescue.ca

Very excited to share that we have received the **first donation through FoodRescue.ca!** Thank you Jessica, owner and farmer at **Lunar Rhythm Gardens!** May this be the first of many!

Summer Outreach Lunch Program for Children

Bagged lunches are available **FREE** for Elementary School aged children.



Pick-up Locations: Leslie Frost Public School (51 Angeline St. S.)
St. Mary's Catholic Church (40 Russell St. E.)
King Albert Public School (49 Glenelg St.)
Queen Victoria Public School (11 John St.)

Dates and Time: July 3rd to August 30th, 2019
Wednesdays and Fridays from 11:30am until 1:00pm



For more information, to donate or volunteer, please contact:
Heather Kirby — General Manager, Kawartha Lakes Food Source — 705-324-0707 or
Janet Rodin — Community Ministries Coordinator, Salvation Army — 705-878-5331 ext 2

KLFS, Lindsay Salvation Army Community Ministries and Kawartha Lakes Food Coalition are pleased to share the locations of lunch distribution this summer for elementary aged students on **Wednesdays and Fridays between 11:30 am - 1:00 pm.** Lunches will be served from July 3rd to August 30th.



Kind Donors in our Community

Thank you for the donation from **C.U.P.E local 4422!** Your support will help us continue to help those who support our hungry.



Thank you to the **Kawartha Charity Riders** for your donation of **466 lbs** of non-perishable food!



Thank you to the **Kawartha Lakes Real Estate Association** for your cash and food donations! Your continued support is very appreciated!



Fresh FueLL SHOUT OUT!

Thank you so much for gathering donations! Our volunteers picked up **110 lbs of non-perishable food!** Thank you to your customers, individuals, staff and Leanna for your efforts! Fresh FueLL will also be **donating apples and carrots** to the Summer Outreach Lunch program.



Basic Income Meal and Discussion

We would like to thank all of the volunteers for helping prepare a meal for former Basic Income recipients. We would also like to thank **Mickaël's Café Librairie** for donating buns for our lunch. There are two more meals for former BI recipients to come together, talk with agencies, share information, and give and find support.