



The Source

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If you or someone you know is in need of food bank support, visit the “Find A Food Bank” page on our website, or phone 705-324-0707



2021 Barbara Truax Volunteer Award

Congratulations are in order for **Patty Jones**, the recipient of the 2021 Barbara Truax Volunteer Award. Patty is a force of nature and exemplifies the values of the award in her service to Kawartha Lakes Food Source and her community at large.

Patty brings her infectious smile and laugh to every task, including the **140+ hours** she volunteered in 2021. From planting rows and rows of beans, to shuttling donation bins around town, to delivering Family Cooking Project meal kits, we can count on Patty.

The Barbara Truax Volunteer Award is presented yearly to a Kawartha Lakes Food Source volunteer that has been with the organization for at least three years, exemplifies a positive force in the community, and is committed to the cause of combatting hunger in the City of Kawartha Lakes.

Thank you for your exceptional dedication, Patty!

July Drive-Thru Food Drive

Beep beep! Watch out for the Drive-Thru Food Drive coming up on **July 8th. From 10 am to 2 pm** our staff will be on hand to collect donations from the community at our **164 Needham St. warehouse.**

We're sending out a call for pasta sauce, canned veggies, pancake mix, laundry detergent, baby food and diapers, and canned protein (tuna, chicken, ham, etc.).

We know that summer is a busy time for folks, so your help in spreading the word is much appreciated.

For more information call: 705-324-0707 or email: info@kawarthalakesfoodsource.com



Look who's helping feed our neighbours!



Cash Donors: Barb Federchuk, Barbara Marquardt, Bruce Walker, Carol Williamson, Catherine Boston, Charles Wilson, Darlene Hallett, Dianne and Wayne Evans, Double "M" R.V. Resort and Campground, Doug Robertson, Douglas Raymond, Frances Shelton, Frank Basingthwaite, Garth & Marian Mackay, George Piggott, George Thomson, Girish Patel, Grace Fletcher, Gwen Mossini, Hailey Watson, Harvey and Janet Risebrough, Hector and Aileen Naylor, Heidi Stephens, Henry Dening, Hermine Flynn, James and Carole Tully, James Deitch, Jean Wilson, Joanne Roberts, John and Julia Ruitter, June Gall, Ken Raymond, Leo Brockman, Loreen Harris, Lucy F Moulton, Lyle & Lynda Willard, Marcia Whyte, Margaret Valentic, Marilyn Searle, Marilyn Walsh, Mark Joncas, Mary Anne Banwell, Mary-Katherine Stainton, Michael and Catherine Puffer, Mr. & Mrs. John Pickering, Mrs. Dorothy Edwards, Nancy Mountford, Painting by Sue Hunter, Patricia Herlihey, Paul Weinwurm, Pooran and Cicilia Manmohansingh, Rev. Michael Locke, Rob and Rose Barg, Roger and Kathleen LeBlanc, Sandy Flynn, Sharon Drabble, Sharon Pollard, Stephen Smith, Terrance and Debra Oliver, The Canada Life Assurance Company, John Howard Society of Kawartha Lakes, St. Paul's Anglican Church, Lindsay Christian Reformed Church, Show Kids You Care, Heyes-Mabee Family Charitable Fund, Korda Charitable Giving Fund

Monthly Donors: Marion LeBlanc, Michael and Catherine Puffer, Roberta Allen, Mary Auld, Rob and Rose Barg, Laurie Cameron, Barbie Corp, Francis and Jacey Culham, Michael Cummings, Anne & George Davies, Lisa Fedele, Alexandra Fulton, Kelsey Gibson, Allison Hannah, Brian and Pat Henderson, Douglas Horton, Patricia J Jarvie, Patti Jones, Yvonne Kehoe, Betty Kellestine, Katherine Le Gresley, Joann Nairn, Catherine Philp, Virginia Reeds, Joan E. Shippel, David and Sheila Smith, Caleb B. Stillwell, Barbara Taylor, Mrs. Barbara Truax, Doug & Kristen Watson, Larry & Michelle Wilson, Earl Spence, Carol Nicholson, Shannon Kuypers, Jennifer J Gilmer, Anne Rodd

Online Donors: Robert Naylor

Show Kids You Care

Following the end of the school year we are honoured to acknowledge the generous funding received from the **Show Kids You Care foundation**. Their contributions allow us to run our **Grab n' Grow program** that provides kids across the City of Kawartha Lakes with fresh fruit and milk to help set them up for success in school.

Each week, we purchase **792 cartons of Kawartha Dairy milk** and **20 large boxes of bananas, apples, and oranges** from a local grocery store.

Research has proven that children and youth who have a nourishing breakfast can concentrate better and learn better, which benefits everyone.



DONATE NOW!

Visit kawarthalakesfoodsource.com to donate online.



Help KLFS Commemorate 20 Years of Service

Be ready to mark your calendars because we're busy making plans for the **KLFS 20th Anniversary event in the fall**. It's sobering to think that the need for our services has only continued to increase over the

past two decades. At the same time we want to acknowledge the hard work, dedication, and positive impact of everyone that has stewarded the organization through the years.

KLFS MEMBER AGENCIES:

Coboconk Community Food Bank
Dunsford Community Food Bank
Fenelon Falls Salvation Army
Kinmount & Area Food Bank
Lindsay Community Food Market
Omeme Food Bank
Women's Resources
Woodville Eldon Food Bank



21 Member Schools Participating in Grab n'Grow Program



Hockey Players With Hearts of Gold

The U11 BB Lindsay Muskies brought their A-game when they raised more than **\$700 in support of KLFS!** The money went toward **365+ lbs of food** that they hand-delivered to our warehouse.

We love to see young people taking the initiative to help their communities through fundraisers, and Kate had a great time showing the team around our facilities.

Thanks to the team and everyone else involved.

Go Muskies!



THANK YOU
for your generosity!

Pop Up Salsa Stand

Keep an eye out for some friendly KLFS volunteer faces at our **Pop-up Salsa Stand**, next time you take a stroll downtown. We're set up in front of **Burn's Bulk Food every Friday from 11 am to 2 pm**. Come say hi!

If you happen to be in **Fenelon Falls** this summer, we'll have a salsa booth at the **Farmer's Market every other Saturday from 9 am to 2 pm**, starting July 2nd until Labour Day.

We were also fortunate to be invited to the **BGC Springtime Flea Market** to set up our Salsa Stand alongside other fantastic local vendors. It was amazing to see how much talent exists in our community.

In addition to our pop-ups, you can find KLFS Salsa at Bigley's Cottage Kitchen in Bobcaygeon, Burns Bulk Food in Lindsay, Craftworks at the Barn in Peterborough, Farmers Butcher Shop in Lindsay, Foodland in Coboconk, Foodland in Havelock, Fresh Fuel in Lindsay, La Mantia's in Lindsay, Living Local Marketplace in Peterborough, Mariposa Woolen Mill in Oakwood, Reid's Valumart in Lindsay, The General Store in Fenelon Falls, and Sobeys in Fenelon Falls.



A HUGE thank you

to our volunteers who sort, pick up donations, drop off supplies, plan events, organize food drives, deliver food hampers and so much more!



Look who's helping feed our neighbours!



Monthly Online Donors: Donna S Thompson, Jennifer Connor, Denise Williams, Sallie Byer, Barb Donnan, Brian Rump, Lisa Van Halteren, Armada Toolworks Ltd., Barbara Glass, Barbara Evans, John and Elizabeth Gundy, Cathie Ritchie, Daniel Grima, Kenneth Koski, Gwen Allore, Peter Maitland, Christine Schaafsma, Jeremy Kraemer, Andrew Leach, Shannon Roszell, Nanci Byer, Sandra and Bob Laurence, 2 Anonymous

Food Donors: Society of St. Vincent de Paul, James & Iris Mathers, Loblaws Food Drive, St. Thomas Aquinas, Pontypool/Bethany Food Bank, Guy Mills Court, Mission Thrift Store, Rexall Kent St, Feed Ontario, Rotary Club, 5 Anonymous

Fresh Produce Donors: Peter and Gail Payne, Cordula Winkelaar, United Way, Fleming College, 7 Anonymous

Community Events: VCCS Y-Step Program Food Drive, U11 BB Lindsay Muskies Fundraiser, Kawartha Art Gallery Crazy Creative Fundraiser, Rose Courville School Project Food Drive, Adelaide Place Bingo League Fundraiser, Jennings Creek Christian Reformed Church Food Collection, Oliver's Nest Golf Course Tournament Food Drive, Giant Tiger Round Up at the Till, Central Senior Public School Food Drive

In Memory: Ione Hartford in memory of Jim Hartford, Michael Bak in memory of Charlie Savoie, Amy Shannon, Shirley Fleming, Heidi Stephens

In Honour: Linda MacDonald-Clow in honour of Larry Clow, Adrian Barker in honour of David Cooper, Lorey Sargent-Janes in honour of Melissa MacEachern's Retirement from the TLDSB, Garth & Marian Mackay, Wendy McKee



YSTEP Food Drive

A big thank you to the YStep participants from VCCS Employment Services who took the time to run a food drive on behalf of KLFS, at the Lindsay Loblaws. The group managed to **raise more than \$190** and **collect more than 60lbs of food** in a few hours.

SUMMER LUNCH PROGRAM

FREE HEALTHY BAGGED LUNCHES FOR ANY ELEMENTARY AGED CHILD!



**JULY 6 –
AUGUST 26**
EVERY WEDNESDAY
AND FRIDAY

KING ALBERT PS (49 GLENELG ST)
11 AM - 12 PM

QUEEN VICTORIA PS (11 JOHN ST)
12:30 PM - 1:30 PM

FOR MORE INFORMATION, PLEASE CONTACT:
THE KAWARTHA LAKES FOOD SOURCE AT 705-324-0707
OR
THE SALVATION ARMY LINDSAY AT 705-878-5331 EXT 2

