

THE SOURCE



Supporting those who feed our hungry

Box 123, Lindsay, ON K9V 4R8
telephone: (705) 324-0707
www.kawarthalakesfoodsource.com
kfoodsource@bellnet.ca
www.facebook.com/KawarthaLakesFoodSource

Volume 15 Issue 4

JULY 2017

Happy Canada Day



From everyone at KLFS, we wish you a safe and happy Canada Day. Enjoy all the Canada 150 events in our beautiful city.



Emergency Services GOLF TOURNAMENT

In support of
Kawartha Lakes Food Source and **The Art Truax Memorial Bursary**

Wednesday, August 23, 2017
Lindsay Golf & Country Club

282 Lindsay St. South • www.lindsaygolf.ca
Lunch at 11am, 12 noon shotgun start, 18 hole 4 person scramble
\$145 per person

Special Early Bird Registration!
Register and Pay by July 15 and only pay \$120 per person

Includes: A dozen golf balls, driving range, lunch (BBQ Burger, Salad & Bottled Water), power cart, 18 holes of golf, delicious dinner and a live Auction
Tournament Prizes: Over all Men's team, Over all Women's team, Co-Ed team, Closest to the pin male & female, Longest Drive male & female

Payment may be made to: Emergency Services Golf Tournament and submitted to Kawartha Lakes Fire Rescue Headquarters, 9 Cambridge St. N., Lindsay K9V 4C4

To Register Contact Pat Twohey at 705-328-0413
Fax: 705-878-3463



Thank You to Food Banks Canada in partnership with Syngenta and Farm Credit Canada for the Rural Transportation Grant.

KLFS is grateful for this grant as it will assist us with the costs involved with food transportation.



Thank you to all the students and staff at LCVI



Tanya Garlands Science and Green Industries Classes donated 150 tomato plants (10 flats) to KLFS. We will be planting these in our community gardens along with the peppers they are getting ready for us.

Thank You



HOW PEOPLE ARE HELPING

thank you



Larry Clow

Kawartha Lakes Food Source has lost a dedicated member of its family. Larry Clow devoted twelve years to KLFS as a member of the Food Acquisition Committee. Many will remember Larry's countless hours spent dedicated to cultivating and nurturing the KLFS Community gardens, which provided many individuals access to fresh vegetables.

Larry could always be counted on to participate in any fundraising event with enthusiasm. Staff and volunteers will deeply miss Larry's kind presence, and remember his commitment to reducing experiences of hunger.

Financial Donations received from:

Kawartha Junior Farmers, Dinneke Branches of Preceptor Beta Upsilon, Boudina Branches of Preceptor Beta Upsilon, Leroy & Faith Brown, John Baldry, Fenelon Falls Country Living Show, LCVI Working Skills Class, Murdox Fit HIIT, U.C.W. Hannah Unit - Cambridge Street United Church, Ken & Joyce Oliphant, Lindsay R.C.R. Deacons, Ruby Catling, Jody Clements

Renewing/Continuing their Patronage:

Mary Auld, Curves Lindsay, Paul Davidson, Gillian Willcocks, Earl Manley, Linda Coles, Charlie & Ina Currie, Doug & Kristin Wilson, Larry & Michelle Wilson, Mary Auld, Yvonne Kehoe, Bert Stillwell

In Memory of:

Margaret Gilson *from* Darlene Hallett

Yvonne Doherty *from* Patricia Lovsin

Alex Burnett *from* Linda Staples

Laura Whyte *from* Dr. Peter Petrosniak & Ms. Kathleen Boyle



Thank you to the Victoria West District Women's Institute for their generous donation to KLFS. The ladies came by to present us with their cheque from their craft show.

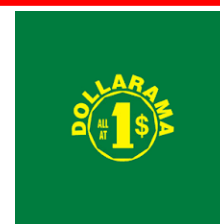
Food Donations:

Fenelon Falls Country Living Show 157lbs., City of Kawartha Lakes Social Services 47lbs., Kawartha Lakes Fire Services 39lbs., Cathy Steffler 14lbs., Ben White 39lbs., LCVI Working Skills Class 392lbs., Lindsay Golf Course 18 lbs., Pat & Mary Connell 15 bales of hay for our gardens, Murdox Fit HIIT 34lbs., Lindsay East & District Lions Club 29lbs., Ontario Provincial Court House 11lbs., Sam Sheehan spinach & green onions from his garden, Evan Chayer 5lbs., Seven Pines Stables Musical Ride 112lbs., Cambridge Street United Church 150lbs., queen Street United Church 39lbs., Cambridge Street United Church 43lbs., Fairview Baptist Church 77lbs.



Thank you to Dollarama in Lindsay for supporting KLFS and our Food Acquisition Committee in the Food Drive held at your location on May 18, 2017.

We collected 328lbs. of non-perishable food items and \$556.75.





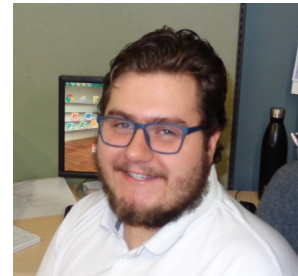
Internship for Master's in Peace and Conflict Studies
Jessica Williams

Jessica joined us in May, she is completing her internship for her Master's in Peace and Conflict studies through the University of Waterloo.



Open Gardens Coordinator
Student Intern
Rachel Benalcazar-Schuenemann

Rachel joined the KLFS team on June 5 for a 7 week student intern position as Open Gardens Coordinator funded by the Canada Summer Jobs Program.



Event & Outreach Coordinator
Summer Intern
Calin Lazarescu

Calin is the second of our Canada Summer Jobs interns. Calin will be assisting the KLFS Fundraising Committee, along with outreach activities to promote KLFS.



www.growarow.org

Do you have a garden this year?

Please consider donating any extra produce you cannot use from your gardens to KLFS. The produce will be distributed to local food bank and you will receive a receipt that can be used for the Food Donation Tax Credit and the Donation Tax Credit.

For more information visit these websites.

www.fin.gov.on.ca/en/credit/cfpdte



Bay of Quinte Conference

Thank you for supporting our Fresh Egg Program through out the year.

FOOD SOURCE MEMBER AGENCIES:

- **Coboconk Food Bank**
- **Dunsford Food Bank**
- **Fenelon Falls Salvation Army**
- **HKPR Health Unit**
- **K L Centre of Hope**
- **Little Britain Food Bank**
- **Omeme Food Bank**
- **Frost Student Association**
- **Women's Resources**
- **Woodville Eldon Food Bank**

20 School Breakfast /Snack Programs



Tag Day 2017

Thank You to everyone for your support with the 2017 Tag Day. Our Volunteers collected \$4,961.50 from the generous community members and visitors on May 27th. A special thank you to the businesses that allowed us to fundraise in front of their stores for the day.

Up Coming Food Drives

July 13th @ Giant Tiger in Lindsay
July 23d & August 20th @ CoKL Concerts in the park
July 27th & 28th @ Ontario Holstein Summer Show
August 24th at Dollarama in Lindsay
Watch for more events on our Facebook page



Victoria Haliburton Law Association presented KLFS with a donations from their Trivia Night Fundraiser. Thank you to everyone from the Law Association that participated in this event.

Thank You to Everyone at



Seven Pines Stables and all who attended the 13th Annual Musical Ride Fundraiser & Open House KLFS was thrilled to receive your donation of 112lbs. of non-perishable food and \$620.00.

Mary Brown's Fund Month

In Support of Kawartha Lakes Food Source

July 3d to 26th 2017

Here are some details about Mary Brown's Fund Month!

Mary Brown's Famous Chicken & Taters is located at 17 Russell Street W., Lindsay

Donations go to fighting hunger in the City of Kawartha Lakes.

Your \$1 or \$5 donations will be acknowledged with a paper cut out that will be displayed in store.

Then on July 26th \$2.00 will be donated from every Feast and Combo Meal.



Thank you to the LCVI Working Skills Class



This class organized a week long event in support of KLFS. They started with a bowling tournament, followed by 2 days of in school class challenges for pasta sauces and ending the week with a community food drive at two locations in Lindsay the Shoppers Drug Mart Uptown and Giant Tiger. There efforts were rewarded by collecting 392lbs. of non-perishable food items and \$324.69.