

THE SOURCE



Supporting those who feed our hungry

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MAY 2015



This is a national program that encourages gardeners and farmers to plant an extra row of produce to donate to people in need and to increase public awareness of poverty and hunger in our neighbourhoods.

Anyone and everyone can contribute, from children planting peas in their backyard, to balcony gardeners who grow an extra tomato plant or a row of beans, to farmers who contribute what remains after a day at the market. By growing a row you can help your community get their daily servings of vegetables.

Kawartha Lakes Food Source is pleased to partner with the CKL Chapter and to receive the produce that will be distributed on a fair share basis to all our member agencies.

For more information, please contact Liza at lizaholly@yahoo.com or Roberta at klfoodsource@bellnet.ca



GET TAGGED!!

Our volunteers will be outside selected stores and L.C.B.O. establishments throughout the City of Kawartha Lakes on

SATURDAY, MAY 23rd, 2015

asking for much needed donations. Getting rid of your pocket change will certainly lighten your load and help needy families.

PLEASE MAKE A PERSONAL DIFFERENCE.

From money raised at Club events and sales, Lindsay Lions Club President, Marilyn Golden presents a \$1,000 cheque to Roberta Sommerville, ED, KLFS.



**VOLUNTEER APPRECIATION EVENING
APRIL, 2015**



25-49 hours



50-69 hours



70-110 hours



111+ hours

Volunteers are the backbone of our organization. They've committed many, many hours of their time to carry out the organization's vision and continue to help it grow and mature. In 2014-2015, there was a total of 3,149.75 hours recorded from all volunteers. That is the equivalent of almost two full time employees for one year!

25-49: Cathie Morrissey, Tammy Ross, Al Cripps, Ross Chambers, Clazina Cook, Charlie Currie, Kathleen Beall, Edson Johnson, Karen Richardson, Gloria Quibell, Janet Armstrong, Sandra Norris, Karen Henry and Joan Boulton (not pictured).

50-69: Donna MacCarlie and Gloria Connell

70-110: Dave Cook, Nancy Newton, Larry Clow, Susan Simpson, Donna McInnis, Darlene Hallett, Margaret Swaine and Larry Allen.

111+: Pat Gassien, Jim Stockley and John Sanders.

Volunteer of the Year 2014-2015: Mary Jones, who volunteered a total of 264 hours! (no picture available)

Unable to attend this year's celebration: Catherine Danbrook, Pam Putman, Jane Shulist-Green, Anne Blackburn, Brian Fagan, James Fagan, Valerie McQuat, Derek Warren, Rohan Wijesinghe, Pat Radiff, Kathy Roddy, Jennifer Styles, Rosemary Schubert, Pauline Burns, Lyle Willard and Mary Jones.



Tomas Cossarin celebrated his 14th birthday in April. He collected 122 non-perishable food items for KLFS from his party guests, in-lieu of gifts. THANK YOU!

Seven Pines Stables made KLFS the beneficiary of their recent Musical Ride. 143 items of non-perishable food and \$350 were donated !



Bouquets

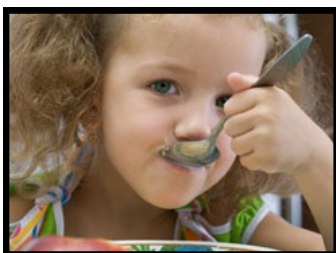
To the Ladies of Curves!

During the month of March, Curves (Lindsay location) collected 554 lbs of non-perishable food items and \$225!

Pictured are Nadine, Kathy and Darlene with the goods.

thank you

To all that donated during the Spring Extra Helping Food Drive March 20th to April 9th at Loblaw and Valu-mart 3,247 lbs of non-perishable food were contributed, as well as a generous amount of financial donations!



Hunger is closer than you think.

Please help by donating at La Mantia's Country Market May 7th & 8th 2015

HOW PEOPLE ARE HELPING

- **Giant Tiger staff and management** donated \$500 in gift cards to purchase much needed items.
- Renewing their Patronage: **Don Wilson, Bob & Lenore Puffer, Dorothy Edwards, Wally & Sandra Norris, Horizon Family Dentistry, St. Paul's Anglican Church, Beta Sigma Phi Laureate Beta Mu, Laura Whyte and Fenelon Falls Royal Canadian Legion.**
- Food donations have been received from: **Miracles in Paradise, Spotlight Dance Production, Giant Tiger staff, The Commonwell Mutual Insurance Group, Dorothy Huhtalo, Cambridge St. Baptist Church, Joy Vista Estates social committee, H.B. Cycle, Patricia & Stuart Teskey, Garry's Garden Gallery, Fit Body Boot Camp, Rivermill Village residents, Lindsay Courthouse, Cambridge St. United Church, Shoppers' Drug Mart, Darian Young, Parkview Public School and Fairview Baptist Church.**
- Financial donations have been received from: **Anne & George Davies, Barbara Rowsell-Arnup, Anne Rodd, Barbara Hanes, Brenda & William Moynes, David Huskinson, Lindsay C.R.C. Deacons, Alexander & Carol Fulton, Susanne R. Dowdell, Barbara Rowley, Hannah Unit-Cambridge St UC, Lindsay Senior Knitters, Earl Manley, Caleb Stillwell, Doug & Kristen Watson, Darlene & Gary Hallett, Richard Windsor, David & Karen Simser, Armand LaBarge and Nanci Byer.**
- Donations to purchase food: **Doreen McArthur, Annette Watson, Sharon Phelps, Henry & Nancy Draper, Catherine Dexter, Luc Coutu, Pat Dunn, Jennifer Mabee, Greg Spellen, Dorothy Huhtalo, Cindy MacDonald, Dianne Evans, Gloria Broad, Alan & Ann Gray, Linda Fitzgerald, Marcus Tully and Alma Sutcliffe, Donald & June Sale and Susan Simpson.**
- 162 non-perishable food items and \$450 in entrance fees were collected for KLFS at the **Lindsay Mom 2 Mom Sale, Easter Edition.** Thank you Shannon!

Kawartha Lakes Food Source DOES NOT:

- Use professional fundraisers
- Receive annual government grants
- Solicit by phone
- Sell or trade your name/address
- Solicit door-to-door for financial donations, only food contributions



Alex Kuypers collected 45 food items for KLFS from his guests at his 7th birthday Party.

THANK YOU!!

FOOD SOURCE MEMBER AGENCIES

- *Adult Protective Services*
- *Central Food Cupboard: (joint effort by Queen St. United, Bethel Evangelical, St. Paul's Anglican Church, St. Andrew's Presbyterian & St. Vincent de Paul Society)*
- *Coboconk Food Bank*
- *Dunsford Food Bank*
- *Fenelon Falls Salvation Army*
 - *HKPR Health Unit*
 - *K L Centre of Hope*
- *Little Britain Food Bank*
- *Omeme Food Bank*
- *School Breakfast /Snack Programs*
 - *Frost Student Association*
 - *Women's Resources*
- *Woodville Christian F.B.*