

THE SOURCE



Supporting those who feed our hungry

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<http://www.facebook.com/KawarthaLakesFoodSource>

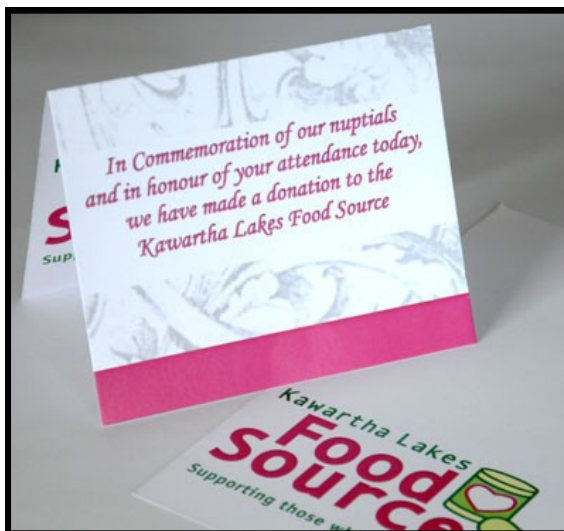
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MAY 2014

GET TAGGED!!

Our volunteers will be outside selected stores throughout the City of Kawartha Lakes on **SATURDAY, MAY 24TH, 2014** And L.C.B.O. establishments on **SATURDAY, MAY 31ST, 2014** asking for much needed donations. Getting rid of your pocket change will certainly lighten your load and help needy families.

PLEASE MAKE A PERSONAL DIFFERENCE.



In lieu of wedding favours, many couples are now choosing to donate to their charity of choice. At Kawartha Lakes Food Source, we offer a 5" x 4" place card which can be elegantly displayed at each table-setting to inform your guests of your donation in their honour. Please email klfoodsource@bellnet.ca or telephone 705-324-0707 to place your order today.

VOLUNTEER APPRECIATION EVENING APRIL, 2014



25-49 hours



50-69 hours



70-110 hours



111+ hours

Volunteers are the backbone of our organization. They've committed many, many hours of their time to carry out the organization's vision and continue to help it grow and mature. In 2013, there was a total of 3,388 hours recorded from all volunteers. That is the equivalent of two full time employees for one year!

24-49: (back) Ken Edwards, Jane Schulist-Green, Tammy Ross, Catherine Danbrook

(front) Gloria Quibell, Dick Corner, Judy Beall, Rhonda Ansell, Gloria Connell and Ross Chambers.

50-59: Sandra Norris, Janet Armstrong, Edson Johnson, Pauline Burns and Karen Henry.

70-110: Marg Swaine, Susan Simpson, Nancy Newton, Larry Allen, Pat Gassien, Darlene Hallett, Jim Stockley and Joan Hargrave-Gilbert

111+: John Sanders, Donna McInnis and Larry Clow.

Volunteer of the Year 2013: John Sanders

Unable to attend this year's celebration—Clazina Cook, Lana Fulcher, Lisa Loader, Joe McColl, Valerie McQuat, Pat Radiff, Rosemary Schubert, Elizabeth Thompson, Derek Warren, Peter Milner, Kathleen Beall, Tom Herlick, Dave Cook, Barb Truax and Mary Jones.



Kyle Hussey (c) President, Lindsay Kinsmen Club bestows Susan Simpson, Chair Fundraising Committee with a cheque for \$500. Don Heaslip and Doug Dent (r) join in the presentation.

Upcoming Fun Events

Wednesday, August 27:



Emergency Services Golf Tournament in support of KLFS. Lindsay Golf & Country Club, 12 noon shotgun start, 18 hole, 4 person scramble. For more information or to register contact Pat Twohey at (705) 324-5731 extension 516.

July 1 to August 31:

St. Dave's Diner Food Drive—drop off non-perishable food in the barrel before your amazing meal!



Saturday, September 13:

Country 105 Video Dance Party, Victoria Park Armoury—\$12 in advance/\$15 at door—Age of majority event.

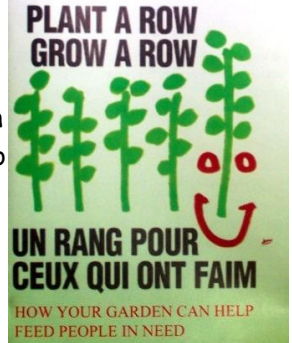


15th annual Door-to-Door Food Drive:

Saturday, October 18 - 9 am—2 pm. Please help out by placing one or two items in a bag. Leave it on your front step or hang it on the door knob.



This is a national program that encourages gardeners and farmers to plant an extra row of produce to donate to people in need and to increase public awareness of poverty and hunger in our neighbourhoods.



Anyone and everyone can contribute from children planting peas in their backyard to balcony gardeners who grow an extra tomato plant or a row of beans to farmers who contribute what remains after a day at the market. By growing a row you can help your community get their daily servings of vegetables.

Kawartha Lakes Food Source is pleased to partner with the CKL Chapter and to receive the produce that will be distributed on a fair share basis to all our member agencies.

For more information, please contact Liza at lizaholly@yahoo.com or Roberta at klfoodsource@bellnet.ca



Spring Extra Helping Food Drive

April 4th to 17th

Loblaw and Valu-mart

Thanks to all that donated—2,939 items were contributed!

Curves

During the month of March, members of Curves (Lindsay location) collected 676 non-perishable food items—amazing!

Thanks ladies.

HOW PEOPLE ARE HELPING

- Renewing their Patronage: **Taoist Tai Chi Society, Leah Campbell, Dr. Peter Petrosoniak & Kathleen Boyle, Don Wilson, Ontario English Catholic Teachers Assoc. , Randy Bezanson, Kawartha Lakes Professional Firefighters and St. Paul's Anglican Church.**
- Food donations have been received from: **Cambray United Church Sunday School, Rivermill Village Residents, Ruth MacDonald, Evan Groves, H.B. Cycle, Diplomat/Skyline Apartments, Owen Davis, Lindsay Roller Derby League, Shoppers Drug Mart, Preceptor Beta Upsilon, Lindsay Recreation Centre, Kawartha Lakes This Week Garage Sale, Peniel United Church, Cambridge Street Baptist Church, Miracles in Paradise, Wylita Clark, Central East Community Access Centre, Fairview Baptist Church, Cambridge St. United Church, Christy Sadler, Fit Body Boot Camp, Cambray United Church Women, Eric Cockerton, Justin Baker and John Ireland.**
- Financial donations have been received from: **Brenda & William Moynes, Marcie Beall, Donald & June Sale, Shell Station, Lindsay, Jeff Thurston, Caryle Connolly, June Marsh, Jane & Rob Stewart, Elizabeth Charpentier, Lindsay C.R.C. Deacons, Earl Manley, Simon & Gloria Connell, Ken & Joanne Reeves and Susan Brooks.**
- Donating through Canada Helps: **Mr. & Mrs. Bruce Glass and Judy Currins.**
- Donations to purchase food: **Aileen Naylor, Bonnie Steele, Vera Staples, Sonja Mowat, Janice Koch, Cathy Blom, Doreen Grace, Gillian Willcocks, Victoria Reeve, Alexandra Fulton, Ron Johnson, Dan Lenesurier, Beatriz Vitorino, Sharon Phelps, Chris & Jennifer Mabee, Jacqui Murison, Anne & George Davies, Keith Crawford, Moira Coneybeare and L. Coles.**
- Donating in memory of Scott Jowett: **Jamie & Glenda Morris, Ken Summers, CUPE Local 855 and Alan Steane.**
- **Thomas Cossarin** celebrated his birthday by collecting 106 non-perishable food items & cash for KLFS.
- Easter Food Drives: **Alexandra Public School**—348 items and **Leslie Frost Public School**—140 items.
- **Kadyn and Seth Goble's** birthday guests donated 31 non-perishable items for our warehouse inventory.

FOOD SOURCE MEMBER AGENCIES

- **Adult Protective Services**
- **C.M.H.A.**
- **Central Food Cupboard: (joint effort by Queen St. United, Bethel Evangelical, St. Paul's Anglican Church ,St. Andrew's Presbyterian & St. Vincent de Paul Society)**
- **Coboconk Food Bank**
- **Dunsford Food Bank**
- **Fenelon Falls Salvation Army**
- **HKPR Health Unit**
- **K L Centre of Hope**
- **Little Britain Food Bank**
- **Omeme Food Bank**
- **School Breakfast /Snack Programs**
- **Sir Sandford Fleming College Food Cupboard**
- **Women's Resources**
- **Woodville Christian F.B.**

Did you know that 16% of Ontario seniors living alone have incomes below the poverty line? 10.6% of adults helped by a CKL food bank are over age 65.

Seven Pines Stables made KLFS the beneficiary of their recent Musical Ride. Over 120 items of non-perishable food were donated and \$635!



Kawartha Lakes Food Source DOES NOT:

- Use professional fundraisers
- Receive annual government grants
- Solicit by phone
- Sell or trade your name/address
- Solicit door-to-door for financial donations, only food contributions