

THE SOURCE

Kawartha Lakes

Food Source



Supporting those who feed our hungry

Box 123, Lindsay, ON K9V 4R8

telephone: (705) 324-0707

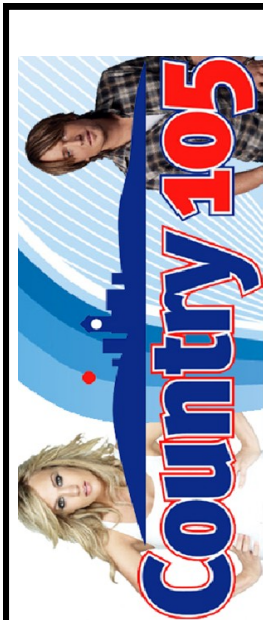
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<http://www.facebook.com/KawarthaLakesFoodSource>

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SEPTEMBER 2015



Video Dance Party

SEPTEMBER 12TH, 2015

Victoria Park Armoury—9 PM—1 AM

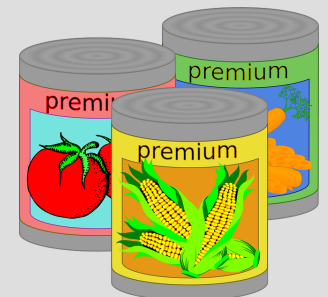
\$12 in advance/\$15 at door

Tickets: Wally's Haircutting,

Kawartha Wholesale Bakery, KLFS office

Age of Majority

Lindsay Fall Food Drive



Saturday, September 26th, 2015

9 am until 1 pm

Please help by placing some items in a bag. Leave it on your front step, hang it on the door knob or mailbox. As a reminder, we will knock on your door to ask if you would like to participate.

Upcoming Events

September 21-25: Hunger Awareness Week
an annual awareness campaign that challenges Canadians to learn more about the issue of hunger, the important work of food banks across the country and how to take action. Together, Canadians can make an impact on the solvable issue of hunger in Canada and find solutions to hunger in communities across the country.

September 25—One day food drive at La Mantia's Country Market



October 29:
Pampered Chef Cooking Show -
 call (705) 324-0707 if you wish an invitation
 15% of the sales are donated to KLFS

October 28 to November 20:
KL Real Estate Food Drive at all their locations.

November 16 to 22
Tim Horton's Food Drive

So many chances to give...

Over the next few months, you'll be asked for donations to Kawartha Lakes Food Source nearly everywhere you turn. Your workplace may get into the spirit of giving by organizing a food drive. Your church may ask for donations to the Food Source. Your children's school may challenge students to bring in non-perishable goods. And all that is on top of our own annual door-to-door food drive, one-day food drives at certain businesses and the Holiday Food Drive at Loblaw & Valu-mart. It's enough to make you start to wonder why the Food Source won't leave you alone.

For hungry families in the community, this outpouring of generosity makes an enormous difference. By the very nature of the non-perishable items it collects, the Food Source can stretch your donations well into the lean times of the new year. And that's great news when food banks all over Kawartha Lakes have been experiencing sharply rising demand for most of the past three years, at the same time as we face a shortage of food to distribute to them.

We know you're seeing our barrel, our logo and our volunteers all over the place. But we hope you'll take that as evidence of our community's good will and compassion, and be patient with the requests for yet another twoonie or can of stew.



Produce donations

Thanks to Kent Farms, P & C Farms, Lindsay Community Gardeners and Liza Holly for providing this wonderful bounty.

KLFS welcomes any and all produce, so if you have extra in your field or gardens, please consider donating.

In turn, this is distributed to all our member agencies within the City of Kawartha Lakes.



HOCKEY HELPS HUNGER

The Re-match!

Saturday, NOVEMBER 7th, 2015
Toronto Maple Leaf Alumni



VS

The Non-Perishables

Lindsay Recreation Complex

7:00 pm

Tickets: VIP \$100 (includes reserved seating and one hour reception prior to game when the Alumni players will sign autographs)

General Admission (adults) \$25

General Admission (children 12 and under) \$15

Available NOW at KLFS office, 41 George St. West

Sponsorship & program advertising opportunities are still available—contact Roberta (705) 324-0707



The benefits/rewards of volunteering include direct impact on helping to reduce hunger in your community; make new friends/networking; recognition program; learn new skills; building your resume; flexible hours; coaching/mentoring opportunities and annual recognition dinner. Check out our website for more information or contact Volunteer Co-ordinator at 705 324-0707.

ATTENTION STUDENTS

Earn community volunteer hours

Lindsay Fall Food Drive

Saturday, September 26th, 2015

- Arrival: 8 am at 48 Angeline St. S.
- Students will be passengers in a vehicle, picking up bags of food at front doors
 - Lunch is provided following the drive
- 5 hours of community service is granted to all volunteers
- To sign up, call Kawartha Lakes Food Source at 705-324-0707

HOW PEOPLE ARE HELPING

- Renewing their Patronage: **Karl Batty, Jean Blewett and Doug & Eleanor Robertson.**
- In memory of **Peter Milner** donations have been received from: **Nancy Bell, Nina Milner, Village Winery, Elizabeth & Rod Anisworth, Eileen Anderson, Caryle Connolly, Graham & Barbara Copp, Eleanor & Merton Davis, Margot Fawcett, Richard Gorwill, John Hargrave-Gilbert, Edward & Mary Hill, James Lindsay, Deborah McLean, Philip R. Payne, Wanda Percival, Joe & Katherine Qunisey, Stewart Stainton, Paul & Michelle Starling, Nama Tummon, Wally & Sandra Norris, Mr. & Mrs. Derek Warren, and Dr. T. James Cooper.**
- Financial donations have been received from: **Earl Manley, Russell Alexander, Elizabeth & Rod Ainsworth, Lindsay C.R.C. Deacons, Simon Snellen, Bert & Sheila Stillwell, Mary Auld, Doug Watson, Charlie & Ina Currie and Rick & Barbara Anderson.**
- Food Donations have been received from: **Fairview Baptist Church, Carolyn Laporte, Fit Body Boot Camp, Bethel Evangelical Church, Peniel United Church, Lonesome Pine Resort, Ester Sadler, Zach Mitchell, Andrew McInnis, staff at Commonwell Mutual Insurance Group, Cambridge Street United Church, Tom & June Pick, Miracles in Paradise, Cambridge Street Baptist Church, Adelaide Place Retirement and Kent Farms.**
- A one day drive was held at **Dollarama** and 790 lbs. of non-perishable items and \$398.35 was collected!
- Financial donations through Canada Helps/PayPal: **Anne Waters, David M. Taylor.**
- Welcome to our newest patrons: **Craig & Nancy Dunk, Naomi Ecob and Shaheena Khambiye.**
- In honour of the birthday of **John Sanders** a donation was made by **Margaret Hiscoke.**
- **Ken and Anne Coppins** celebrated their 50th wedding anniversary and guests donated 48 non-perishable food items. Financial donations were also received from **Shirley Goldby, Rev. Paul Grassie, Arthur Thurston and Ken Coppins.**

FOOD SOURCE MEMBER AGENCIES

- ***Coboconk Food Bank***
- ***Dunsford Food Bank***
- ***Fenelon Falls Salvation Army***
 - ***HKPR Health Unit***
 - ***K L Centre of Hope***
- ***Little Britain Food Bank***
- ***Omeme Food Bank***
- ***17 School Breakfast /Snack Programs***
- ***Sir Sandford Fleming College Food Cupboard***
 - ***Women's Resources***
 - ***Woodville Christian F.B.***



Happy 7th Birthday Caden Mabee

Instead of gifts, Caden requested his guests to bring food contributions for the Food Source. Over 130 lbs. of non-perishable items were donated!

Thank you so much for your thoughtfulness.