

THE SOURCE



Supporting those who feed our hungry

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EMERGENCY SERVICES GOLF TOURNAMENT

In support of Kawartha Lakes Food Source

WEDNESDAY, AUGUST 24th, 2010

Lindsay Golf & Country Club

12 noon shotgun start, 18 hole 4 person scramble—\$125 per person

Includes 18 holes of golf, power cart, driving range, a dozen golf balls and a steak dinner. Light lunch provided by The Grand starting at 11 a.m.

Special Early Bird Registration—register & pay by July 1st and pay only \$100 per person

To register contact Pat Twohey at 324-5731, ext. 516



Men in a Tent Raises Awareness, Food and Money

Local residents responded generously to the first-ever Men in a Tent event, donating \$7,100 and 2055 units of non-perishable food.

The enthusiastic support of sponsors, as well as the generous donation of time by entertainers and volunteers made this landmark event possible.

At the finale dinner, the men shared stories and laughter as they recapped the previous five days. Retired principal Peter Sanderson brought the event to a close by underlining the whole reason for the event: "The one thing that stuck with me is the critical need for the Kawartha Lakes Food Source."

For photos/videos of the event, please visit www.meninatentevent.com

Kawartha Lakes Food Source thanks...



Loblaws store, Lindsay who donated \$500 during the Grand Re-opening of their renovated store.

**DINNER/THEATRE EVENING
WEDNESDAY, AUGUST 3RD, 2011**

Lakeview Arts Barn

2300 Pigeon Lake Road, Bobcaygeon

Dinner at 6:00 pm—Performance at 8:00 pm

Tickets: \$64.00 per person (a \$15 tax receipt upon request)

THE BIG VOICE: GOD OR MERMAN?

The Canadian premiere of this off-Broadway hit.

One boy raised to be a preacher, the other to be Pope. Instead both find salvation in the temple of Musical Theatre when the "Big Voice" they hear is not God's but Ethel Merman's!



**LIMITED NUMBER OF TICKETS
AVAILABLE AT KLFS OFFICE.**

**Please call (705) 324-0707
to order.**



Home — and hungry — for the holidays

By Nancy Payne

If you have school-aged children or grandchildren, there's no need to tell you about the excitement they feel at this time of year. But that summer won't be as idyllic for some kids as for others. For families struggling to make ends meet, the school year is a blessing. Why? The nutritious breakfast and snack programs provided at more than 12 elementary, junior and secondary schools throughout Kawartha Lakes.

Thanks to those programs, and the dedicated volunteers who run them, thousands of students had a great start to the day, with bagels, milk, pancakes, eggs, pure fruit juice, yogurt, granola bars, fresh fruit and more during the 2010-2011 school year.

But when summer comes, those programs disappear, and families once again face the costs of providing breakfast and snacks at home. Many of those families will turn to food banks supported by Kawartha Lakes Food Source for help, although many of them won't.

And that can be a problem, since the shelves at the Food Source are emptier in the summer than at any other time of the year. The dented cans and rewrapped boxes known as reclamation food are much harder to come by in the summer; indeed, the Food Source's supply has started to dwindle earlier than ever before. Our generous donors leave on holiday, meaning no workplace food drives, and obviously no special school initiatives either. So summer can be a struggle for the Food Source, our member agencies and, most importantly, the hungry people we serve. Most needed are precisely the kinds of things you'd picture kids eating for lunch — canned pasta, tuna, macaroni and cheese dinner, canned fruit and peanut butter. If you're having an anniversary or birthday party this summer, we hope you'll consider asking guests to bring food donations to the Food Source in lieu of gifts. Perhaps your cottage association or sports group might have a small food drive. You'd be amazed at how far the Food Source and its agencies can stretch those donations!

Having to choose between eating breakfast or dinner, paying for medication or a utility bill, or to pay their rent or buy food are not choices that any individual should be forced to make.



HORIZON FAMILY DENTISTRY

held a Mouth Guard Clinic

on June 10th and a portion of each mouth guard sold was donated to Kawartha Lakes Food Source.

Patients were also encouraged to donate non-perishable food items.

(l-r) Debbie, Dr. Grover, Michelle



Cambridge Street United Church

Parishioners of Cambridge St. United donate food every Sunday for pick-up by KLFS once a month.

That is why we feel it is important to express our gratitude when people go out of their way to do the right thing.

Our sincere thanks for their ongoing help.

HOW PEOPLE ARE HELPING

- Food donations have been received from: **Acupuncture Works!, Lindsay Buick GMC, Boston Pizza, Crooked Furrow, Bonnie Beth, Residents of Rivermill Village, Peniel United Church, Cambridge Street Baptist Church, Victoria County Kennel Club, Miracles in Paradise, Kawartha Lakes Honda, Garry's Garden Gallery and Pat & Pauline Burns.**
- Financial donations have been received from: **Lindsay C.R.C. Deacons, Cambray Community United Church, Vivienne Buick, T.C. Dixon, Cathy & Steven Drinkwalter, Outreach Committee Cambridge St. United Church, Paul & Marilyn Piggott, Susan Denure, Ross & Yvonne Chambers, Beta Sigma Phi Laureate Beta Mu, Randy Bezanon, Florence Staples, Aileen Naylor, Robert May, Chris & Jennifer Mabee and Daniel Hockson.**
- Renewing their Patronage: **Marion Bates, Tom & June Pick and Darlene Hallett.**
- Donating dollars to purchase food: **Mr. & Mrs. Donald Smith, Debra Hooper and Teresa Wallwin.**

Although our Community Garden produces nourishing fresh vegetables, there is never enough to go around. If you have excess garden produce, please consider donating.

Tel: 324-0707 or drop off at our warehouse.



FOOD SOURCE

MEMBER AGENCIES

- *13 School Breakfast/snack programs*
- *Adult Protective Services*
- *Boys & Girls Club of Kawartha Lakes*
- *CKL Social Services Cooking Class*
- *C.M.H.A.*
- *Central Food Cupboard: (joint effort by Queen St. United, Bethel Evangelical, St. Paul's Anglican Church, St. Andrew's Presbyterian & St. Vincent de Paul Society)*
- *Coboconk Food Bank*
- *Dunsford Food Bank*
- *Fenelon Falls Salvation Army*
- *HKPR Health Unit-Food Skills Workshops*
- *K L Dream Centre*
- *Little Britain Food Bank*
- *Omeme Food Bank*
- *Sir Sandford Fleming College Food Cupboard*
- *Kawartha Lakes Reach for Recovery*
- *Women's Resources*
- *Woodville Christian F.B.*

UPCOMING EVENTS

105FM Video Party
Saturday, September 17th, 2011

9pm-1:00am—Victoria Park Armoury

Saturday, October 15th

Door-to-door Food Drive in partnership with The Church of Jesus Christ of Latter Day Saints, Lindsay members

